

Health Basics

For the novice



Natural Breast Cancers

Cancers in General

Disease / Premature Death

Chemical / Germ Warfare

Foundational Health

What kills us / What saves us

Disclaimer: Not intended to diagnose, treat, suggest or replace
Just an introduction to human health / disease / death
“Nothing written follows today’s modern medicine”

This is written as 1 person’s perspective based on a lifetime of
experience and reading. We all choose what to believe or not.

Hundreds if not thousands of “professional” medical books have already been written, many long ago, explaining sickness and the cure. By 1950 there were 1,000+ known cures for cancer. The word “cure” is a false word, because the “only” cure is correct blood. All cures include all natural foods and the elimination of all poisons---so in fact, there is no such word as “cure”.

We are poisoned from conception through-out life and the quality of life is based on how well the human body can tolerate poisons and then the destruction caused by worms, bacteria, viruses lumped into 1 word we know as “Parasites”.

- ✓ Poisoned and eaten alive by parasites. The degree of health and length of life is that simple.

In fact this explains the basics and the most advanced studies of human health—how poisoned in the subject and how eaten alive with worms are they. You can read 1,000+ books on these subjects and the best were written pre 1950. By 1950 all the major medical colleges all agreed that THE HAY WAY was the cure for all diseases.

The Hay Way was created by Dr. Howard Hay, M.D. and was the most documented / famous M.D. in North American Medical History. He proved that 14 days of drinking orange juice properly, resulted in 5 x more red blood cells and healthy blood was the medical cure for all diseases. It was that simple and all the major colleges agreed by 1950 and that is when medical went the opposite direction out of fear their demise. After 1950 it was prescription drugs and operations—the opposite of clean blood. All prescriptions are toxic and generally will kill at a specific dosage. Something as simple as over counter cold pills will kill at a specific dosage. There for, all over counter drugs, prescription drugs, vitamins and basically everything made commercial and sold for human health, is to be avoided by people who enjoy living. On this subject, you could read about what poisons you for the rest of your life and you would die before you understood every man made poison and method of depopulation. Keep it this simple, in 1992 “they” added titanium dioxide / edta to your air, foods and health products, with 1 goal: to kill all children born after 1992 by age 40; by way of destroying the human thyroid. So in fact, chemical and germ ware is an endless subject and too much for the novice to ponder. If you live long enough, you will learn that the only person you can trust your health and life with is “you”; no one has your health in mind, more than you and you are the only person that decides what goes inside your body.

What kills us is what goes in our body and stays; this attracts parasites as it also clogs all the elimination organs. “Nothing” we eat, drink or breathe should stay inside the human body, it all 100% needs to go down and out and not accumulate. Accumulations are “disease” and what kills us all.

The lady in this picture took pictures for us to help people in the future. She lived 10+ years after having breast cancer similar to what you see in her pictures. She believed that you do not die of cancer, you die from the treatment of cancers. (This generally is true, as long as cancers do not affect major organs.) She went to the late Dr. Hulda Clark and Dr. Clark that we knew well, refused to treat her in Mexico for the simple fact she refused to clean her dental work up. At the time of this picture, she once again asked Dr. Clark in person and received the same answer. You either correct all dental work or it is not worth the time to do anything else. This was Hulda's strict rule, because she knew all dental work was cancer causing. So a few years after this picture this lady did go to the dentist that understood cancers and he removed her teeth and Dr. Clark was correct and her jaw oozed puss. Many cancers are in fact, puss diseases.

What is puss? Undigested food trapped inside your blood, your lymph glands, and your entire body. Some people call it white blood cells. Dr. Clark wrote that if you wanted a sample of your white blood cells, push some of the waste out of your pores of your nose; the white stuff people call pimples and black heads, etc. is just the skin, our largest elimination organ, expelling undigested foods. We also call this undigested food, bad breath, stinking feet; anything that has a fowl odor is dead accumulated food that parasites are feasting upon.

One can easily suggest cancer is just "rot". This rot can have endless basic causes, all of which are poisons and then over whelming parasites. The parasites have the job of returning the organic life back to the soil. They are just doing the job creation intended for them to do---also known as Garbage Men.

Family Disease / Cancer

Fact: we do not inherit cancers / diseases.

We are a result of the past 7 generations of our ancestors and that is a gigantic subject the novice need not worry about until they are well advanced in understanding life on earth.

The health you have at birth is what you inherited. If you were born defective, that is your blueprint for life. You will not be healthier than your mother, if you follow her same diet and same habits. If you break her chain, then we can be healthier than our mother.

In fact, we inherit our mother's diet, her parasites, and her habits. These are bad water, bad foods, and bad products. We have our mother's parasites at birth. We develop cancer / diseases, we are not born with cancer / diseases. Many mother's poison their unborn baby, poison at birth and continue to poison the entire lifetime---that results in premature death by way of cancers / diseases. This is why all the good doctors wrote that the mother fills the graveyards with the dead children, by way of the kitchen. By 1950 all the good doctors were

phased out and the colleges educated that health comes by way of prescription drugs and not the diet or habits.

Dr. Howard Hay, M.D. simple proved that 14 days in the Sunrise Clinic drinking orange juice correctly and 14 days of food education classes, ended with 5 x more red blood cells and Dr. Hay, M.D. went down in medical history as the doctor with the cure for all diseases. He concluded as being 1 of Americas most famous surgeons that once he learned about alkalinity that he put his knife down and all drugs and cured the next 63,000 patients with orange juice. Harvard / Yale / Rockefeller by 1950 all agreed, that was the cure.

Dr. Hay said the true cure was the 14 days of intense food education. The patient was empowered to cure them selves and keep them selves healthy and to understand that "if" they become ill, it is because they did it to them selves at the dinner table. Many Medical books agreed.

By 1970 medical was loosing the adults, so they concluded that they needed to poison the babies and then the parents would give them the family farm to save the ill babies. By 1970 all of dental and medical went pro cancer drugs / poisons. By 1970 there has been no place to go to for health, unless you leave for Germany and the Mexican clinics became popular---I suggest no one ever go to Mexico for professional health. Germany has the best history, as does china. Where ever professionals use drugs, cancer follows.

All dental issues I suggest seeing Dr. Johnson and all that have cancer, see Dr. Johnson to rule out dental issues. Dr. Johnson was asked to be the first speaker at the Ohio State Alternative Cancer Study created by a 90 year old cancer specialist from Cincinnati, Ohio. This 90-year-old doctor practiced for 50 years and then once retired, he turned on a computer and started learning and quickly understood he never cured cancer, his education created cancers. His first subject was cancer caused by dental. After Dr. John Johnson explained how dental since 1970 was designed to give children cancers and supply the cancer industry, 30 cancer specialist lined up like cattle with their mouths open and showing Dr. Johnson their dental disasters and making appointments with him for the removal of the poisons, such as mercury & nickel put there by design to shorten lifespan of even the smartest people in medical.

Dr. Hulda Clark wrote The cure for Cancer and the Cure for advanced cancers. There is about 50 pages of dental info there---it is this easy; if a dentist worked on your teeth, remove it. If your cancer is advanced and your dying, remove every tooth that ever had mercury fillings in it. In desperate times, rapid removal of the poisons is how people save them selves. You cannot live when you are heavily poisoned.

Water

Most people are clueless that their water is toxic ! Very Toxic. In America not only does water have arsenic in it, it has upwards of 60,000+ chemical combinations and to make it worse, cities will add 300+ additional chemicals. When you die, they can cut out your organs and see the accumulations in your organs and have an idea where you lived based on rock that you accumulated from your water to the point your water killed you.

Bedroom

The bedroom is the most toxic environment for the average person. When in a deep sleep, the blood cleanses and the poisons in the bedroom easily enter into the blood stream. Those that study death, say the bedroom killed them. Parasites galore in bedrooms. Inhaling your used air is asking for sickness.

Dr. Clark studied cancer and discovered endless things in the home as cancer causing, everything from the belt on the dryer, the refrigerant in the air conditioning, the carpets, the paint, you name it---the home is a room full of chemicals.

Just as there were 1,000 cures for cancers by 1950, I can easily list 1,000 reasons why you should be sick and dying of cancers and disease. Actually there are hundreds of thousands of reasons, known as bacteria, viruses and worms.

Lymes

All mammals have been born with lymes for the past 300 years and death by lymes for all. I suggest daily prevention for lymes for the entire lifetime and that then covers all the endless other parasites that you could not live long enough to study them all, because there are hundreds of thousands of parasites that eat sick humans.

Germ & Chemical Warfare

Started by 1917 and accelerated in 1949, went to the city water in 1965 and in 1992 their goal was death to all children born after 1992 by age 40. Enough said, that subject scares people, but those that ignore their environment will be consumed by their environment. The sheep follow the sheep to the same graveyard. That is what death by cancer is, following mom to her graveyard via her diet, her habits---that is what inherited cancer is; following bad habits, bad diets and not following Nature.

Nature

Nature has 1 job, reward all species that obey and kill all species that disobey. Humans disobey that is what makes us different that wild life that does not have the ability to disobey Nature. Luckily for us humans, Nature is slow to kill and quick to reward. So those that return to nature and seek God's Creation Laws, all are rewarded faster than they were punished.

- ✓ So time to suggest what I would do, because if you want to learn why you die, thousands of books have been written on that subject. The following is based on what I have read, seen and experienced. In order of importance.

1. See Dr. Johnson and make sure all dental is non-cancer causing.
2. See the best Chiropractor weekly until out of danger and then monthly for life.
3. The sun is the most powerful healer ---if you want to live, you get a tan all over the entire body—the entire body, where the sun does not shine. That is the greatest cure for cancer. The sun enables the skin to produce the correct hormones / vitamins. The sun kills mold, kills parasites. Sun is life. Cancer people want to cover up, stay inside and die cold. The cure is the opposite, take off cloths, get a tan, and learn to wear less or no cloths. People that move to Florida live 10 years longer than people in the north.
4. Stop white salt. Cancer and Salt go together. Cancerous people often are addicted to salt. STOP WHITE SALT and take daily herbs rich in potassium; such as elderberries, black berries, mulberries, etc. As salt drops and potassium returns—cancers go away.
5. Apricot Seeds—non-sun dried. Eat through out the day, every day until cancer free. Up to 40 every day. Start slow, eat very slow, keep in mouth and chew slow.
6. Sweet tree fruits and their juices. Live on them, not city water, well water or commercial foods. God created all humans as fruit eaters---period, end of subject, medical fact, known since 1850. Tree Fruits cleanses the blood, the clean blood enables long life. To cure toddler cancer, the Amish put out trays of fresh berries and fruits and allow the toddler to eat as will and not be told when to eat and not permitted to eat anything else---the nature clean diet curses the disease via clean blood. Fruits will not accumulate in the body, everything else will and that makes for worms.
7. That said, never ever drink / consume dairy or wheat or grains. Vegetables if you can find them in nature. Why? Because vegetables are not found in nature, they are man developed and toxic in many ways. Vegetables grow fast, they are loaded with parasites and wrong size inorganic minerals----vegetables are the opposite of human health.

IF we are healthy, we can eat anything that does not kill us first. If we were smart, we would only eat tree fruits, but humans are never smart, so we all die prematurely from wrong diet and wrong habits.

8. Correct tree fruits are very anti-parasite. You can do it all by way of diet, Dr. Hay, M.D. was correct.

9. All foods that are rich in natural sulfur are anti-cancer, if I had cancer I would take garlic internally and externally in large quantities daily...a Japan medical book explains why. SULFUR removes the puss from your body, many cancers are puss diseases.

10. READ, a few great old medical books will explain the cure for those that seek it. People cure them selves at home.....period! Others cannot cure you or anyone. Education sets people free, not operations and drugs.

I believe Herbs can make The Dr. Howard Hay, M.D. Way 10 x easier and 10x better. Think about this, Dr. Hay was a famed American Surgeon / M.D. that wrote and proved that no drugs and no operations if you want to cure yourself. His book was written with the idea that he made it so all humans could be their own physicians and that is how he ended his book. He never used an herb, never explore other subjects.

Dr. Jackson, M.D. not only grew a new heart in his late 60's using orange juice as suggested by his buddy Dr. Hay, he also self-discovered how to grow a powerful body in his 70's. He too ignored herbs. He too ignored the endless germ and chemical warfare.

Most people call this DETOX

I call it Weed & Feed

Herbs can do wonders, but are never more than 1/6th the solution. The 2 worlds do not mix, taking drugs and operations cannot make for healthier blood. Medical manages death, while obeying nature makes for stronger healthier blood. Herbs can change a life fast, same as diet and habits fast. It is a life change for most and most will not have interest and prefer to trust medical. Everyone has free choice.

To sum:

Poisons / Worms / Loss of Circulation = death

Health is so simple little children understand, while for adults it takes a great de-education and Returning to Nature.