

The Sputnik History

The CureZone!

MH108

Forum Stats:

[forum viewed 57,335,181 times](#)

111,604 messages

26,263 topics

topics per page limited to: 12

average number of messages per page: 51

2,188 pages

Messages

221 Messages Page: 1 of 6

[1](#) [2](#) [3](#) [4](#) [5](#) [6](#) [Next»](#)

[Sputnik capsule](#) by **verba** 21 y [View Entire Thread 5](#)

It might look different to MH but we both talk about the same Sputnik but from different perspectives. I gave you the science behind the Sputnik. Russians put a lot of work, time and research into it and Sputnik is a product of science. I provided the information from the Russian manufacturer where it was developed and is the only producer of the Sputnik capsule. They do sell their products to a lot of places including Ireland. I'm sending you a picture of the Sputnik capsule I have it comes in a sealed package. MH talks from his experience and I'm glad to see that he is concerned about the safety ... [2,434 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=721007

[Re: Sputnik \\$39.95](#) by **white tiger** 20 y

How many times can you reuse them? They cost \$39.95 [2,302 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=202568

[sputnic](#) by **#144374** 14 y [View Entire Thread 2](#)

Hi MH, about to do the sputnik for the 1st time tomorrow, very excited! tonight I am

completing the 3rd flush, i.e. taking the potion this evening, and then will go straight into the OJ fast whilst using the sputnik. So is this right, potion this evening before sleep, epsom salts tomorrow morning as normal, then have the big fruit meal to push out the waste at about 2PM - completing the flush. After this drop the sputnik and go straight into the fast? Thanks, 1,039 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1907348

[re: getting fit](#) by **#121679** 16 y [View Entire Thread 2](#)

thanks MH. will try the sputnik if i am fortunate enough to get it. just a little confirmation though: "IF YOU DO THE SPUTNIK 3X PERFECTLY...." what is meant by perfectly? i'm just going to swallow, enjoy the ride!, and once out take again until repeated 3 times total. but is there something else i should be doing? i've never taken a sputnik before, so when i do, do i eat normally (fruit diet for me)? and take herbs normally? and with the OJ fast after the sputnik, i am too thin (140lbs at 6'1"), so only 3 days then back eating the fruit diet? many thanks, 1,161 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1742056

[left leg](#) by **MH 108** 13 y [View Entire Thread 7](#)

WHEN using the sputnik zappers, they give you an education about your nerves inside your intestines. You will experience the right leg being zapped 95% of the time the sputnik is in and when the sputnik is ready to exit, your left leg will start to be zapped. In great [health](#) your zapper will exit in less than 12 hours. in poor health your zapper may stay in for 3-7 days. When zapping while "fasting", it may stay in 24 hours only because it does not have food behind it pushing it.....thus you get your greatest value while fasting. I do not promote electronic anything for human health ... 1,292 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=2022370

[Re: Sputnik Still In Me... Scared!](#) by **MH 108** 18 y

Hi MH, GREETINGS So I ingested the Sputnik for my 3rd & final time this round. It has been almost 4 days this time and still not out yet. I'm starting to get a bit scared. THIS MEANS FOR MANY PEOPLE THAT IT ALREADY CAME OUT, OTHERWISE IT WOULD SHOW YOUR TRANSIT TIME IS VERY/VERY SLOW. MY THEORY THE SPUTNIK SHOULD COME OUT WITHIN 12-14 HOURS OR THE INTESTINAL MUSCLES STILL NEED HELP AND MOST LIKELY THE PERSON HAS NOT BEEN TAKING THE LBB CAPSULES. The most interesting thing I learned from the Sputnik experience is that I must be still very constipated & my GI tract needs a lot of hea ... 1,920 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1252384

[Re: My experience](#) by **PTtogether** 20 y

The first time I took the sputnik was during the liver flush and it stayed inside 40 hours. The kicking was real fun. The trick of eating sweet corn at the end of the liver flush was

perfect. The sputnik came out before the corn. And I felt quite good. The second time I took it eating normal meals and it stayed inside almost three days. Two days it was "stuck" in the caecum till the point I was hurting (the caecum was a sensible area for me, anyway). The hurt started scaring me, it just felt too much stimulation and I decided to move it from there AS SOON AS POSSIBLE!!! Since I didn' ... 2,959 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=199020

[Re: Silver Bullet...](#) by **MH 108** 21 y

Eccomed is the most common of these devices and most all the russian science is on the use of the eccomedes. The Sputnik is a nick name as far as I know of for the stainless steel model, the only model I will use, the eccomed models are the medical models that dissolve metals as the treatment and I tried one before ! knew this and the battery leaked!!!! Leave it to the MD to take a good thing and make it toxic! Silver Bullet is a name that a clinic recently gave the device and I like it better than Sputnik. There are 3 current models out, the plain sputnik is the strongest and the one ... 1,867 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=188656

[Oregano oil/sputnik](#) by **zooii** 21 y [View Entire Thread 4](#)

I have only taken the oregano drops a few days but so far it seems to be working extremely well. I would recommend the pure oregano for any kind of infection. Very good product!!!! I also read about the sputnik on MH:s website. I bought the sputnik from the Irish website and it worked pretty well the first round,(you are supposed to use it three times before the battery dies) the second time there was almost no electrical current left, so don't think the parasites got to scared of that one, and no current at all left for a third time. So I'm guessing he's right about them using them all ov ... 1,388 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=720300

[Re: Just a thought, T.B. Treatment](#) by **jani** 21 y

I have only taken the oregano drops a few days but so far it seems to be working extremely well. I would recommend the pure oregano for any kind of infection. Very good product!!!! I also read about the sputnik on MH:s website. I bought the sputnik from the Irish website and it worked pretty well the first round,(you are supposed to use it three times before the battery dies) the second time there was almost no electrical current left, so don't think the parasites got to scared of that one, and no current at all left for a third time. So I'm guessing he's right about them using them all ov ... 1,615 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=720301

[Sputnik Still In Me... Scared!](#) by **#99447** 18 y [View Entire Thread 6](#)

Hi MH, So I ingested the Sputnik for my 3rd & final time this round. It has been almost 4 days this time and still not out yet. I'm starting to get a bit scared. The most interesting thing I learned from the Sputnik experience is that I must be still very constipated & my

GI tract needs a lot of healing. I conclude this b/c I started the Sputnik right at the end of my 40 day fast, and each time I ingested it, it took double the time to exit, every time! First pass 24 hours, second pass over 48 hours, 3rd pass??? I want it to come out, I hope its not bad to have it in for 4 da ... [1,750 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1252293

[factpnoc](#) by **MH 108** 14 y

FACTPNOC CTNMYVRTOP XEVYA04HO-KNWE4HORO TPAKTA that is the closest I can spell Russian as I look at the main words on a Russian Printed Phamplet....Anyone reading this know what this says? Anyone knowing Russian that can read Russian and print onto a computer by e-mail American words? A friend has a friend that was In Russia and picked up some of the SPUTNIK ZAPPERS and I purchased 1 from him and these 2 small phamplets came with the zappers.....1 for the normal zapper and 1 for the prostrate zapper.....the company charged the fellow \$76 each which is basically about what the ... [756 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1962741

[Re: Distcusting Fridge](#) by **qb** 20 y

I have been doing the sitz baths , and am experiencing fevers and chills since the sputnik. Which I am happy about if that is toxin expelling. I plan on doing the OJ fast from May unfortunately I must wait on the metals for now. On reading the other post of Brenda's liver cleanse and sputnik. i think you must be correct as the sputnik took at least two days every run for five rounds. This must be an indication of the state of my bowel. No wonder my immune system took a dump!!! I felt very good doing the OJ fast. Managed ten days then had to break it to get the sputnik moving. E ... [1,741 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=203136

[Re: Your source?](#) by **#37132** 21 y

I don't know if I should say where I got mine however the first time I took 1 I had a bowel movement of nothing but something that looked like miniture slices of mandarin orange . I felt a line open up in my stomach straight across . I also use the terminator 2 although it is not nearly as powerful or effective as the sputnik . But it can be used anywhere on the outside of the body . I take different herbs too . I also take probiotics because I think that there is a chance that the zappers may kill healthy bacteria . If I eat meat and then take the sputnik I feel alot stronger tingling or ... [1,593 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=720864

[Re: in preparation for OJ fast](#) by **senior moments** 16 y

Hi MH, I've been taking both L/S and adult dewormer daily. Just to make sure i understand you, the Longevity Spices is a stronger [parasite](#) killer than the adult dewormer? Should I wash the sputnik in distilled water only, no herb to clean it? I read

an old post where someone said the sputnik got stuck in their cecum. I looked it up and it's on the right side, where the large intestine starts (where the appendix is). So I could understand why it could get stuck there....no outlet. I'm thinking of laying on my left side so it doesn't go in that direction. Did you ever experien ... [1,302 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1670828

[Sputnik round five](#) by **qb** 20 y [View Entire Thread 15](#)

So the sputnik has lasted 288 hours to date and has done five runs so far. Not bad going. I never thought I would say this but I cannot wait to get back to the OJ Fast. Never felt so good as when I was fasting. Pity I had to eat to move the sputnik. Ist round lasted three days. Thats with the help of the LBB. Having severe parasite infection makes my situation somewhat different. So far alot of fevers and chills and night sweats. Started the sitz baths to help with the sweats. But still here and still moving along. qb [1,990 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=202537

[Re: Reliable sputnik?](#) by **MH 108** 21 y

Anytime you stick a needle into a vein, you introduced massive amounts of viruses. Everything inthis needle is a poison and toxic to the liver. Chelation dissolves morbid matters and redistributes the material all over the body, thus clogging up very fine veins as well as filling the liver up with mud that acts like cement. I think the website with the Sputnik is the same guy in Iraland that sells the sputniks that may be used. Look at the e-mail and see if it isn't the same address, if not, you may be ok. They should cost about \$25 american money. MH [2,026 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=717862

[Re: sputnik](#) by **MH 108** 22 y

The Russian internal zappers that are used in hospitals in place of drugs do dissolve and the batteries actually do leak a little. The off brand known as Sputnik is stainless steel and have lasted up to 700 hours with no corrosion. If they came apart, it shouldn't do any harm, the batteries are hearing aid batteries. Once loose they shouldn't corrode or shock. The Sputnik will blast you at times! These are not toys and not a gimmick like the external zappers. They are reccomended for ages 12 and up. I personally say 21+. They sell for about \$15 each wholesale and that included shippi ... [1,127 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=712891

[Disorderly conduct caught on tape.](#) by **qb** 20 y

It has been reported that our mysterious foreign lighted visitor, and notorious ladies man. (Poems written in his honor) has been spotted brawling and staggering drunkedly from bar to bar along the main QB promonade. This mysterious foreigner with his unusual glow is known as Sputnik. He was reported missing for at least 82 hours and

unconfirmed reports have reached us of some wild antics spotted here and there. The proprietor of the Promenade Ms QB is said to have sent him packing today but after some nifty negotiation Mr Sputnik is allowed to stay longer his visa renewed, if he wil

... 783 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=201720

[Re: For QB](#) by **qb** 20 y

Alas qb fast is broken see dis post It has been reported that our mysterious foreign lighted visitor, and notorious ladies man. (Poems written in his honor) has been spotted brawling and staggering drunkedly from bar to bar along the main QB promenade. This mysterious foreigner with his unusual glow is known as Sputnik. He was reported missing for at least 82 hours and unconfirmed reports have reached us of some wild antics spotted here and there. The proprietor of the Promenade Ms QB is said to have sent him packing today but after some nifty negotiation Mr Sputnik is allowed to st

... 1,247 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=201787

[Re: Day Forty One!!!!](#) by **qb** 20 y

Alas qb fast is broken see dis post It has been reported that our mysterious foreign lighted visitor, and notorious ladies man. (Poems written in his honor) has been spotted brawling and staggering drunkedly from bar to bar along the main QB promenade. This mysterious foreigner with his unusual glow is known as Sputnik. He was reported missing for at least 82 hours and unconfirmed reports have reached us of some wild antics spotted here and there. The proprietor of the Promenade Ms QB is said to have sent him packing today but after some nifty negotiation Mr Sputnik is allowed to st

... 1,376 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=201788

[Re: Having a challenge swallowing the Sputnik](#) by **MH 108** 18 y

getting use to the sputnik; use the sputnik in the mouth/gums, etc. maybe 15-30 minute sessions at a time for as many days as you desire before you decide to swallow. when you do swallow it, drink water just before and then drink allot of water with it. once down and you learn to not fear it, you should never have a problem again. i always told people that if you can eat, you can swallow the sputnik zipper, it is smaller than a size 000 capsule and just a little bigger than a size 00 capsule. my 7 year old boy takes 7 mrs. barefoot capsules daily. my 10 year old boy takes 10 m ... 1,061 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1300319

[Re: sputnik](#) by **MH 108** 22 y

The Sputnik may be the greatest eletronic device ever known to promote Longevity if someone knows how to use it! It destroys all parasites in the organs in 3 passes. It also

hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=712810

Re: [sputnik capsule](#) by **MH 108** 21 y

period. The Sputnik is stainless steel and I have seen many get 700 hours u ... [1,259 hits](#)

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=720964

[Re: Sputnik craziness](#) by **MH 108** 21 y

... 1,244 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=720746

[Re: sputnic](#) by **MH 108** 14 y

... 924 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1907508

[Re: re: getting fit](#) by **MH 108** 16 y

what is meant by perfectly? PERFECTLY? THIS IS A PRODUCT FOR VERY ADVANCED

SELF-APPLIED PREVENTION INTO XTREME PRODUCTS. i'm just going to swallow, enjoy the ride!, THAT WILL WORK, BUT READ PLENTY ABOUT THEM, BECAUSE THEY CAN LITTERALLY KNOCK YOUR SOCKS OFF AND MAKE YOU CRY MOMMY TILL YOU PASS THIS DEVICE...ESPECIALLY FOR MALES, IN THE MALE AREA! and once out take again until repeated 3 times total. YOU KNOW THE PROCESS but is there something else i should be doing? BE PREPARED i've never taken a sputnik before, THEY ARE UNIQUE, BUT BEEN AROUND ABOUT AS OLD AS I AM. ... 1,040 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1742177

[Re: sputnik](#) by **MH 108** 15 y

is it normal for the sputnik zapper to feel like it does on the tongue when you first take it at the exit aka ie the tale pipe being shocked idk if i pased it but i supect it is still in. AS THE SPUTNIK EXITS, YOU NORMALLY FEEL IT IN YOUR LEFT LEG...WHEN THE LEFT LEG STARTS KICKING, THEN YOU KNOW IT IS COMING OUT IN A FEW MINUTES.. or i missed it first i felt something going on in my head then my chest then my throat then i felt something in my right side about half way between from my waist to where my niples are maybe my pancreas felt pain then lots of heat then my stomach tensed ... 1,402 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1798229

[Re: sputnik](#) by **MH 108** 16 y

When fasting with no food in the intestines, the sputnik is probably the most powerful electronic device on planet earth...it literally can kick your butt, your groin, your hip socket and as well throw all the stones out of your liver and pancreas.....it can even make your liver expell green bile like a river. I have seen them last well over 500 hours. Those wealthy enough can just buy 3-5 and take a new one as the old one comes out... mh 1,388 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1698999

[Re: the zappers](#) by **rerod** 10 y

I'm not finding them on Amazon MH. What search term? Iv tried "parasite zapper internal" "parasite zapper pill" "Sputnik pill" etc.. Any idea who the individual is selling these? Or if he is a "bad guy" or good guy? Thanks! 1,320 hits

Forum: [Ask Barefoot Herbalist](#)

www.curezone.org/forums/fm.asp?i=2335393

[Re: Digesting raw vegetables and my first order from Bare...](#) by **rerod** 10 y

I just received my order. Delicious! And cant wait for my sputnik to arrive. I'm looking forward to reading the book. Ill wait three weeks before my next flush. In your opinion MH, what is the best liver/gallbladder stone softener, or best preparation for the clark liver flush? 783 hits

Forum: [Ask Barefoot Herbalist](#)

www.curezone.org/forums/fm.asp?i=2335788

[Re: MH - Re: Sputnik for Parasites](#) by **MH 108** 21 y

Greetings, Most likely your doctor knows where to get one. They make about 40 other grades of this device and I only recommend the stainless steel model which is called sputnik by some. The Eccomed is the medical models and you can read all the research papers from Russia on the web. These things are patterned in 10 countries, surely some one knows where they can go to the local pharmacy and buy them, they should be less than \$20 in the country they are sold in. Blessings, MH 924 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=717046

[Re: Took Sputnik, a little scared!](#) by **Zoebess** 18 y

Here is an old review of the Sputnik by Hilton which I thought you might enjoy. It highlights the need for a sense of humor.

<http://curezone.com/forums/fm.asp?i=191722#i> Best wishes, Zoe -_- 1,290 hits 1 of 1 (100%)

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1249161

[Re: Sputnik russian revenge question!!!](#) by **Ohfor07** 20 y

There is a special porcelain monster accessory that is popular among liver flushers; it's what is used to help you retrieve stones after elimination. Don't see any reason why you can't also use this to retrieve the sputnik, but, neither do I know what the official name of this accessory is, nor where to buy. If you find out, let us know, I'd like to find one. Meanwhile I'm left to creative modification and use of plastic jugs ;(2,704 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=199014

[Re: Pancreatic Cleansing - Russian Silver Pill Plastic or...](#) by **MH 108** 14 y

Hello MH, HELLO I am interested in ordering a Russian Sputnik, I have found two kinds: OK Photon:

http://translate.googleusercontent.com/translate_c?depth=1&hl=ru&prev=hp&rurl=translate.google.com&sl=ru&tl=en&twu=1&u=http://dunes.fromru.com/foton.htm&usg=ALkJrh_h_asasP3jO5U7bXKDvT5hmKVBd1g A PIECE OF CRAP, I TRIED THEM SEEMS LIKE 7-8 YEARS AGO, THEY ARE FAKE....THE LIGHTS DO ZERO OTHER THAT EAT THE BATTERY UP and I guess what would be considered regular:

<http://hermes.com.ua/en/product/kremlyovskaja-tabletka-aes-zhkt-sibirium/> THE NORMAL STAINLESS STEEL SPUTNIK COST L ... 2,182 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1997935

[in preparation for OJ fast](#) by **senior moments** 16 y [View Entire Thread 4](#)

Good Sunday morning MH! Over the last week I've been re-reading Book I in preparation of my first OJ fast. I'm prepared mentally so am now preparing physically. Totally eliminated sugar anything (I think forever). Besides, fruit tastes soooo much better.

After about 3 days of nothing sugar, someone gave me a piece of chocolate at work knowing it was one of my favs but when I ate it, it didn't taste as good as usual. My taste buds are changing. I never thought I'd see the day when I wouldn't care for chocolate any more! Also gradually eating less and less each day per Book I. I ... [1,182 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1670690

[Re: re: getting fit](#) by **MH 108** 16 y

The yellow came out more after going onto the fruit diet, SKIN IS NOT AS MUCH AN INDICATOR AS THE WHITES OF THE EYES ARE....IF YOUR EYES TURN YELLOW, THEN THAT IS SERIOUS. IF YOUR SKIN TURNS THE COLOR OF THE FRUITS YOUR CONSUMING, THAT WOULD BE NO PROBLEM.....BUT I HAVE ONLY SEEN THIS HAPPEN WITH VEGETABLES AND NEVER TREE FRUITS. but I understand that the disease was already there, and the fruit helped bring it to the surface, so to speak, and not create it. THAT IS CORRECT I am, overall, in a better place this year than last, GREAT so I hear what you are saying about impro ... [1,034 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1742050

[Re: Sputnik versus Clark zappers?](#) by **jcoun** 21 y

MH does not consider the zapper (and other electronic killers) gimmicks because they do nothing, but because they (like antibiotics) kill indiscriminately. According MH 80% of our cells are bacteria, virus, fungi etc. and these are the garbage men that dispose of the mucus in our bodies. Without these garbage men we would be dead very soon. MH has recommended the use of the Clark type zapper for short term use on such things as acne. Problem is if you kill the garbage men, the garbage accumulates and down the road you get cancer or something else drastic that the body does to try and sa ... [2,191 hits](#)

[1 of 1 \(100%\)](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=720873

[qb day one of Fasting.](#) by **qb** 20 y [View Entire Thread 15](#)

I am back. Ten days on the 1st fast and now after the organized brutally deworming, second round. My war seems to be on the inside. Since the sputnik my body is showing intense cleansing symptoms. Not all of which are easy but then nothing worthwhile could be that easy. Luckily MH has stayed with me all the way to calm my nerves and confirm that it is the dying and expelling that is going on. So now rejuvenation begins. Five liver [cleanses](#) under the belt. four bottles of dewormer and a sputnik and a half. I am ready to begin. Have my olive leaf capsules my spice4life. ... [1,502 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=203762

Messages

Fasting by **MH 108** 13 y [View Entire Thread 2](#)

To live on fruit juice is something every human should at least try once and would be wise to try at least 1 time every year. To learn to loose that FEAR of food is a wondrous experience.....and just 1 of many freedoms anyone can easily achieve. To read and understand what I call BOOK I and know you never need a M.D. and his drugs ever again is more freedom than most humans will ever know possible, yet is free to anyone willing to de-educate them selves.... This year I am using the sputnik stainless steel zapper, something as old as I am, yet not available to the civilized world u ... [1,105 hits](#)

Forum: [Ask Barefoot](#)www.curezone.org/forums/fm.asp?i=2021764**Re: oregano oil and worms** by **senior moments** 16 y

Hi MH, What if I drank an entire bottle of your 16 oz dewormer at one time -- do you think this would kill a tapeworm, if that's what it is. Would it kill ascaris? From what I read, it won't kill me but would it make me sick? I remember reading posts from you saying you used the sputnik. Should a colon cleanse be done before using it? Or, if it didn't come back out (as some say), would a colon cleanse force it out? I read a story that an old indian woman helped her neighbor pull a huge tapeworm out of his mouth, he almost died from not being able to breath. Arsenal to get the ... [10,883 hits](#)

Forum: [Ask Barefoot](#)www.curezone.org/forums/fm.asp?i=1570633**Re: Sputnik** by **MH 108** 17 y

I have been used even [parasite](#) cleansing on earth even the drugs. OK, NOT TOTALLY UNDERSTANDING THAT SENTENCE... I am still dealing with a large parasite roundworm in my gut . OK, THE ROUND WORMS NORMALLY DIE EASILY, BUT LETS CONSIDER YOURS A SPECIAL WORM.... The best of all metods were Huldaz Ozonated Oils and high dosages of Co Q 10 (I took them 5 times) . I ACTUALLY TRIED THESE (HER) METHODS YEARS AGO WITH MIXED RESULTS...THOUGH NEITHER OF THESE MENTIONED HERE IS SPECIFICLY FOR ROUND WORMS.. I know that I have already reduced the parasites low as I have been chasing them fo ... [1,187 hits](#)

Forum: [Ask Barefoot](#)www.curezone.org/forums/fm.asp?i=1475327**Re: looking for sputnik** by **pjt** 18 y

MH, Is this what we are looking for in a Sputnik??? <http://www.parasiteremedies.com/>
Note on the page it suggest they have kept the same price for three years 50 Euro and it cost \$70 USD now because the dollar continues to fall. It is a good lesson for us all to remember. Prices do not go up. The dollar falls. In 1960 one could purchase 4 gallons of gas for one junk quality silver dollar. Fast forward to 2008 and one junk quality silver dollar fetches about \$18.00, or 4 gallons of gas. Gas hasn't gone up if we use real money. p [1,276 hits](#)

Forum: [Ask Barefoot](#)

[Re: 8 oz dewormer yesterday brings liver Fluke today.](#) by **MH 108** 18 y

I personally believe the BOSS WORMS live in the Pancreas, herbs don't seem to get into them, because they live in the pancreas stones where BLOOD does not circulate around them and thus the body can't get to them easily. The Russian Zapper and the Pancreas Formula to dissolve those stones are the only 2 methods I know of to correct this problem. In theory that means 99.9999999999% of all humans have this potential problem today. The pancreas loads tight with rock hard stones and no one speaks of this! I have always said the Russian stainless steel zapper nick named the sputnik is the gr ... 2,756 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1132331

[Re: blood root and iodine?](#) by **MH 108** 17 y

Thanks, I found your book and am reading it. GREAT what is the 21 day mop up program? DR. HULDA CLARK CANCER BOOK, EASILY FOUND ON LINE OR THE CUREZONE, JUST TYPE IT IN. where do I find info on that? Do you know the best resource for russian zappers? ONLY 1 SOURCE I KNOW OF AND HE IS A BAD GUY OUT OF IRLAND, BUT OTHERWISE I DON'T KNOW OF ANOTHER WEBSITE...SOME PEOPLE GET THEM SENT FROM FRIENDS IN RUSSIA. Those are the sputniks right? CORRECT.

MH 2,075 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1440914

[Re: how to rid of toxocara, and pancreatic fluke?](#) by **xrayu** 17 y

Thanks for such a quick, thorough response. You are the only forum owner at cure zone in my experience who quickly, consistently and thoroughly responds to us. I thank you for taking your forum so seriously. Maybe it is protozoan that I feel move and not worms. I will try your pancreas syrup, and probably the sprays. In a previous post you mentioned that the guy in Ireland who sells sputniks online is a bad guy. Does that mean he will rip me off if I buy from him? how do the LBB work? I currently take a very good psyllium mix, lots of probiotics, pancreas, hypothalamus, and adrenal suppla

... 9,170 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1442118

[Re: question about Sputnik to Barefoot](#) by **MH 108** 18 y

I use to buy them direct from a woman that worked in the company. I did this for a few years and then this one woman in Florida kept griping about the expiration dates only being good for one year. Because of her, I decided to drop the sputniks and never purchased a new one. This has been almost 4 years ago and I still have a couple of used ones that still light up, but I am afraid this will be the last year for them. They in fact will last 3 years on the shelf or longer! I will not ever buy one from the people in Ireland, I would not trust theirs to not be "used". MH 1,124 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1318335

[Re: Sputnik Still In Me... Scared!](#) by **#99447** 18 y

Thanks MH, its definitely still in. It was buzzing the right leg, then moved over to the left leg. It was dormant most of the day yesterday then started buzzing again at night. And I've been taking 8 (sometimes more) LBB a day for over 40 days now (started when fasting). I guess I really need to heal up that GI tract. Do you recommend I see a gastroenterologist to get specifics on the state of my GI tract? Is there anything in specific to look out for? I;m going to try the corn thing and test transit time, but do you think there might be other complications that make the Sputnik take ... [1,511 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1252551

[Open Friday Forum Tonight at 7 PM Central and yes, the ba...](#) by **pjt** 18 y [View Entire Thread 3](#)

This forum has some of the more intriguing and curious questions and ideas. Please join us tonight live at 7 PM Central <http://www.oneradionetwork.com/> I would especially like to hear from anyone who has experienced the Sputnik Zapper internally for parasites tonight 888.663.6386 with some of your tales and ideas on [health](#) matters. We want you to be the focus of the show. And yes, Barefoot is coming on live next Thursday at 7 PM Central so mark your calendars and call in. radio man [1,090 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1256142

[Re: Night Sweats](#) by **whitebear** 21 y

I cannot remember how much I paid for it as I bought it some time ago and never really got around to using it. I purchased it at [1,264 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=720405

[Re: sputnik capsule](#) by **jcounts** 21 y

Thank you for a very informative post. I think you indicated in a previous post that you sold Sputniks. Previously the only source we were aware of was a source in Ireland and MH and others were suspicious of this source because the packages were not factory sealed and they were suspected a selling used units. So a few questions would be; 1) Are you affiliated with the Irish company? 2) Where do you get your units? 3) Are your units factory sealed? Do you have a website? If not, do you want a website? LOL
Regards John (The Barefoot Webmaster) [1,174 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=720945

[Re: Plantar's Wart on Foot](#) by **MH 108** 21 y

Put oregano oil 1 drop in the mouth and it is easy to see what is the pure stuff from

India, you will not breathe for a moment and seek water in copious amounts and regreat you ever did this simple experiment. Now with Dr. Cass Ingram's SUPER STRENGTH wild oregano I can take 1 dropper by mouth and suffer, but no big deal, it has 11 parts olive oil @ \$74.95 an ounce. The wart will not like oregano put directly on with a bandage. It is hard to believe this may be a tape worm in the pancreas, I believe it is and when you kill that worm, the warts no matter where they are, dissapear in a fe ... 3,886 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=720969

[MH, L-Cysteine](#) by **charlesbeut** 21 y [View Entire Thread 2](#)

Im taking 500mg of L-cysteine three times a day until I get the month supply of anti-parasite herb concotion I ordered from mhdewormer.com. Im also taking about a gram of vitamin C a day. I've been taking these doses three maybe four days so far. I'm feeling a little depressed and a little sick. Scraping my teeth with my finger nail produces a nasty white "gunk". Breath aint smelling too good either. Whats going on here? Any theories? I want to eventually zap, and try the sputnik, after doing the anti-parasite herbs. Im 25, male, and usually in pretty good shape. -Charles 1,225 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=719804

[Re: Mh- you mentioned a way to dissolve stones in the liv...](#) by **MH 108** 21 y

Greetings, This is a first and sounds like a severe case of a clogged liver on my guessing. I would cleanse the digestive tract with herbs as I changed my diet to raw fruits, grasses, and if need be vegetables. I would use all the liver tonic herbs. Once cleaned out and flowing in the right directions I would try the fruit juice fasting for 14 days and then 21 if tolerated. I would keep the skin very clean by taking a hot sweat bath nightly. If oils still would not work, I would try the sputnik if one can be obtained, it will cause a liver to spill all its bile and then some. ... 1,388 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=720329

[MH - Re: Sputnik for Parasites](#) by **healthie** 21 y

Dear MH, Thank you very much for your informative response. It sounds absolutely terrifying, but evidently worthwhile if it is from a trusted source. Have you exhausted your research of viable sources for this technology, or is Ireland the only current source that you are aware of and also do not recommend? My doctor just recommended Sputnik to me, but maybe he is not as informed as you are about the integrity of its current sources. Also, are there any similar technologies that you would recommend for intestinal parasites? The herbs are not doing the trick. Please let m ... 1,055 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=717020

[Reliable sputnik?](#) by **charlesbeut** 21 y [View Entire Thread 12](#)

I see a sputnik zapper available from parasiteremedies.com. Is it, in your opinion, reliable? Please explain in detail. Note that the website says it does not sell to people in

Ireland. Also, could you tell me why chelation-specifically intravenous EDTA chelation and oral chelation with DMSA would be bad for a person (other than if too much was given at one time). I thought I knew alot about [health](#) issues until I started reading some of the posts around here. Thank you for answering questions. Charles 2,017 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=717861

[Re: Sputnik Irish Vendor - suspicious](#) by **MH 108** 21 y

Doesn't make sense that all his customers would be out of country? I talked to the guy one time and he flipped out when i told him the sputniks had all been used at least once that he sent me. All the labels were broken and they all tested 1/3 used. He claimed he broke the labels to conseal where he purchasing them. It was a lie and I caught him at it. All you can do is go on! There are bad apples all over this world and many on the internet. Hopefully he never tried this again with anyone. MH 1,841 hits 1 of 1 (100%)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=717965

[Re: more prostate questions](#) by **MH 108** 21 y

The urine I don't think will have an effect, that would effect the bladder and not the prostrate so much. The prostrate is a sexual gland. There are plenty of Chinease exercises, the male deer comes to mind, you probably can look it up on the web or someone seeing this may have instructions. You may not like the instructions, but will they have an internal exercise for all the organs that work. The prostrate accumulates stones and it thickens from too much estrogen. Herbally is the best answer for long term. If you have metals and no friendly bacteria you will need to use herbs to co

... 1,151 hits 1 of 1 (100%)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=715770

[Re: Day One!!!!](#) by **qb** 20 y

Hey M.O.G. I too have been kinda hectic. My reasons are for distraction. Tike died 4th of July weekend. Its been tough without him. But I have lots of treasured memories to make it more bearable. I really like the fasting. I am struggling to find balance when off the fast so I decided to just start again. Only this time I must make sure to do the lymph stuff too. I got another sputnik so will have to break the fast when I take that but for now its all good. What made you start up again so soon. I thought you would be digging in to all the crunchy fruit and stuff. Love ... 1,559 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=209461

[Re: MH, have your children ever eaten meat?](#) by **hippychick** 20 y

Yes, sometimes it is hard to have a time period when you can fast without having to/wanting to/having someone else want you to eat.... Who knows maybe January is a good couples fast time of year for you guys! I am trying to schedule my next time (at least for a week or so). I am going to do the Sputnik during my fast.... Yeah, I am so

excited to try it!!!! Hopefully next week I will do my first pass after a liver flush. And if the first pass goes well I will do a total of 3 passes (as in MH's info on CD). Thanks MH - you are great!!!! Blessings, Love & Peace, Hippychick 983 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=205294

[Re: Distcusting Fridge](#) by **MH 108** 20 y

The sputnik zappers are only for a very, very few into self-applied prevention, even the idea of it scares most. I felt it was the answer to a airplane pilots extreme constipation, the man was into medical testing and seeking electronic things such as specialized Clark type zappers, but had fear of even considering the russian zappers, which many do have. The Russians say it is fine for a 12 year old to do, but I would say you should be 21 and stay at home for the first trial experiment. YES, it sounds like your one of the lucky ones and the fever, etc. is getting the garbage out, I wou ... 1,582 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=203170

[Re: I have the same thing](#) by **qb** 20 y

to my knowledge this is a larvae stage in certain parasites. its called the VLM stage. These are parasites that live in digestive tract and also in the circulatory system. Thus making them difficult to get to. The ones that end up in your eyes are trying to migrate back to the digestive tract to complete their life cycle. I have them too. Peculiarly they cleared briefly while I used the sputnik it was awesome to see clearly again. wonderful and hopeful experience. somewhat brief but nonetheless I take all good days. hope this helps. qb 2,250 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=200289

[MH night sweats question](#) by **qb** 20 y [View Entire Thread 11](#)

MH been having night sweats since I started the fast. Looked on Clark Forum and she reckons its the eggs being released from dead parasites causing this. oh great Qb feels like this will never end... Currently on ist round of sputnik. Do you suggest any furthur treatment. Am doing the oregano capsules aswell. And of course dewormer twice daily. So far day nine going good. Bit bummed about this news. Any suggestions.? qb 3,404 hits

Forum: [Ask Barefoot](#) [Night Sweats](#) [Menopause](#)

www.curezone.org/forums/fm.asp?i=201595

[Re: MH night sweats question](#) by **Jenifair424** 20 y

Hi qb, Hang in there with the night sweats. I used to get those when I was younger. That's so cool you got the sputnik, it's on my list of goodies to try someday. I know you said something about dry skin yesterday. I use almond oil for face moisturizer with a drop of diluted oregano oil. For really dry feet and hands, I use a shea butter balm I made myself with lots of creamy stuff added. You are doing awesome! 3,015 hits

Forum: [Ask Barefoot](#) [Night Sweats](#) [Menopause](#)

www.curezone.org/forums/fm.asp?i=201605

[Re: Day Twenty Seven!!!!](#) by **qb** 20 y

Thirty days this time round is quite respectable also. Pray tell about dem qwakers????raw sounds like something to sink the teeth into. from qb went missing. May have to postpone my OJ fast due to sputnik loss and now crazy mixed up not sure what to do . alas.... one thing is a given life is ever changing. I think I must try to clear more parasites before OJ fast. Missed our chats qb 1,317 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=200131

[Re: OJ fast - how to?](#) by **qb** 20 y

Hey Mr coverhero. Got my capsulating machine and my gelcaps and some olive leaf and a neat sounding tea that was on special Delicious healthy blend to help support general well-being. Contains: Alfalfa*, nettle* and peppermint* leaves, oatstraw*, lemongrass* leaves, red clover* and hibiscus* flowers & horsetail*. Peppermint and got raspberry leaf. Got some oregano coming and so thanks for the help. Would love to get it all from MH but alas too poor and another sputnik coming. Hey how you finding MH's dewormer? Thanks for all the tips to get going. Are you proud? 1,231 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=201160

[Re: M.O.G. tribute OJ signup for april](#) by **qb** 20 y

Hello there M.O.G. I am sure that all who do the OJ Fast will be glad to be able to relate. Funny that you squirmed there for the photo. I do the same. Today has been a test for sure. My oj fast begins tomorrow and I got back to my low energy. Not sure why possibly the incomplete Sputnik cycle. Anyway I had to rest every chance I got and my husband thinks I wont make it past day two. Better hold me in those prayers. I think I am going to need them. 1,019 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=200636

[Re: That Brother Jimmy](#) by **trapper/kcmo** 20 y

Hello there M.O.G. I am sure that all who do the OJ Fast will be glad to be able to relate. Funny that you squirmed there for the photo. I do the same. Today has been a test for sure. My oj fast begins tomorrow and I got back to my low energy. Not sure why possibly the incomplete Sputnik cycle. Anyway I had to rest every chance I got and my husband thinks I wont make it past day two. Better hold me in those prayers. I think I am going to need them. 796 hits 0 of 1 (0%)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=200637

[Re: OJ fast - how to?](#) by **qb** 20 y

Well thank you Megan I think I will attempt this... got to keep this ball rolling here. Thinking of diving straight into the oj fast. Tummy good and empty and not craving

food. Feel surprisingly energized too. Lost about 4 pounds and it was not food. Think maybe parasites. How disgusting. They should be ashamed of themselves freeloading like that. Sputnik really gave them hell. I was impressed. I miss the lil blazer already. sniff sniff. the little winking lights,lil stinkers jabs in the groin.(skuze pun) Tender memories....sniff. little shiny head. ok I will stop now.. must ... 1,234 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=199482

[Ode to Sputnik](#) by **qb** 20 y [View Entire Thread 9](#)

Read now this really bad poem Oh merry sputnik, silver clad a sight to ponder, the festive lights blink ever brite pretty yellow sun and glow of redness, cascading glows aswirl your beam, bring fortunes touch from here and yonder. for where you travel no bug is safe, they scamper fiercely, you give good chase So fearsome to the world of critters and feisty zap your sword bring titters my heart you stole with noble quest your journey short, as if a test to see, if I ,despite the lightning, would fondly await another sighting. Fond farewell to you, you hero ... 1,482 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=199524

[Re: Sputnik russian revenge question!!!](#) by **qb** 20 y

Geez MH myhusband is going to love this....He keeps getting whacked in the nuts by our dogs jumping up to say hi. I keep teasing him about gathering acres of land. tee heee. now your are telling me he is going to have just rewards watching me do the this interesting dance of the sputnik. tee hee I might just be worth it to him to follow me around pity I dont own a video camera but hey that may change once he hears of this festivity coming up. Well this may well have the neighbors talking. How funny. I will surely keep you posted. Hve a great sunday. qb 2,601 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=199040

[Re: cancer stones vs. normal stones](#) by **trapper/kcmo** 20 y

wow. i had strange coloured stones such as these my first time. they had quite an odor, but not putrid, more like a mint!? or musky like i have smelled on mink that i have trapped in alaska. my sixth flush is coming soon and they have been much greener, though not very numerous or big yet. i feel my liver is a weak link in my overall [health](#), that and my thyroid and adrenal. my kidneys responded well to the kidney cleanse and i havent even needed the whole bottle! great stuff. i have a photon sputnik coming. now that will be fun! 1,965 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=192923

[Sputnik russian revenge question!!!](#) by **qb** 20 y [View Entire Thread 28](#)

Ok I know the cold war is over....but I have dilemma...and feel like there is some serious punishment involved in retrieving dis bullet. MH my sputnik arrived thank you so much I feel honored to have gotten one of your rare supply... I am going to start another liver

more. Are there tips to capture this or are ... [2,842 hits](#)

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=199011

[Re: Will these worms ever go?](#) by **steve555** 21 y

haven't had any itching since so I'm guessing the zapper knocked them out. ... [3,111 hits](#)

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=188477

["...wild American Ginseng...."](#) by *windypinesands* 20 y

with the cowboys and indians.

#\$*!#\$*!#\$*!#\$*!#\$*!#\$*!#\$*!#\$*!#\$*!#\$*!#\$*!#\$*!#\$*! "I did give him a quart..."
magnanimous! and how many sputniks have you given away? and to whom! 4,472 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=191926

[Re: who knows this famous man?](#) by **trapper/kcmo** 20 y

fast! 1,171 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=193974

Re: The "BAREFOOT" Aventures by **trapper/kcmo** 21 y

medicine is one of the things i have not experimented with at all. if i were you, i would take this apparently "worthless" collection to heart. there must be something there. remember the ark of the covenant. the philistines touched it and died. the woman touched the hem of christs garment and was healed - he felt the energy leave him.

thanks for keeping us up to snuff. by the way, any updates (speaking of electronics) on the sputnik? these things remain - faith, hope and agape(god's love) 1,242 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=102723

[thank you MH](#) by **SpreadthewordofHealth** 16 y

Thank you MH I will make an appointment with my Chiropractor. At least now I know why I have been feeling so tired and achy lately - must be my back. Makes sense now that you have mentioned it that it would put my organs out of place so that I am not using any of my food. I do take the LBB. As a matter of fact just recently finished 3 rounds with a Sputnik. I have been having problems with constipation so I figured that that would help. It wasn't until I started drinking my greens that I noticed something was wrong (green). So that was a good thing. But I never thought ab ... 1,077 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1573691

[Re: ok, i'm stuck! please help](#) by **yeknom** 17 y

MH, as usual, thanks for your response. the info was great, I'm finally learning. ok, to answer your questions: - no dental metals - i am doing one of the alternative food combining methods. - i am willing to use herbs so.... 1. please can you provide a link to the "christopher newsletter on the lower bowel balance capsules" 2. and a link to where i can get a russian sputnik from a trusted source. 3. how do i "derock my kidneys and your entire body"? 4. and how do i avoiding "adding new rock" to my body? thank you, 899 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1524520

Messages

221 Messages Page: 3 of 6

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[Re: First \(and possibly last\) Coke flush](#) by **sophia444** 14 y

Thanks, MH. yeah, that's what I meant, the Clark flush. I did the 3-day ES before an OJ fast and loved it. I felt so good from it. Wish I could do it more often. I would like to do the Clark flush so will be reading up on that again to prepare. I like to do things just for the experience sometimes but am hoping to gain greater [health](#) from it as well. Are the Sputnik zappers still available in the US? I thought not. sophia 1,205 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1981041

[Re: russian zapper](#) by **MH 108** 15 y

the sputnik is and old device for unique people to use. "IF" I had them, I would use one every 3 months and make sure it came out in 12 hours or less, or take them until it did and maintain that level of colon health through out life with the aid of LBB and the

Sputnicks. Dogs and herbs? I use pure oregano on the pets and also make an amish formula for dogs/cats or another stronger formula for animals on the farm, but oregano works fine for the pets and all mammals in my opinion. [1,198 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1860530

[Re: CRAP by MH](#) by **MH 108** 15 y

Food is well well rotted within 24 hours. "IF" your food is really bad, I expect it to be down and out as diarrhea in less than 2-3 hours. The LBB is worth far more than gold, because gold has zero health value. The original russian made stainless steel sputnik gives a jump start to old colon muscles and been well discussed how to properly use it here and on the old website papers.....and even though this device has been made for almost as long as I have been alive, you can't easily buy one and most will never use them correctly because of price and method of use....so LBB type formula ... [1,075 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1884668

[sputnik](#) by **DemonGodKidRahl** 15 y [View Entire Thread 6](#)

is it normal for the sputnik zapper to feel like it does on the tongue when you first take it at the exit aka ie the tale pipe being shocked idk if i pased it but i supect it is still in. or i missed it first i felt something going on in my head then my chest then my throat then i felt something in my right side about half way between from my waist to where my niples are maybe my pancreas felt pain then lots of heat then my stomach tensed up then my kidney on my right side hurt then heated up then on my other side then the head and throat off and on then the tail pipe.... and heat in my l ... [1,482 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1798139

[sputnik](#) by **senior moments** 16 y [View Entire Thread 7](#)

Hi MH, If you recall, I bought the sputnik approx 5 weeks ago. I took it twice in a row but had an outing the next day. So I cleaned it and wrapped it up and put it away. Found it this past weekend while cleaning. It still had it's "buzz" so I swallowed it yesterday morning and again this morning and it still has a powerful zap to it. In fact, for some reason, today, I can tell the route it's taking and can pinpoint where it is throughout the day, but really couldn't follow the whole trip the last 3X. Other than a few twitches here ad there, nothing eventful has happened from ta ... [1,383 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1697794

[Re: butters](#) by **MH 108** 15 y

the cancer doctors were gainst nuts because of the high protien and suggested you eat your nuts for lunch. Nut butter makes it more digestable. The too thin author suggested a raw seed / grain diet you chew in your mouth. The apricot people way back when believed apricots was the only pancreas solution, while the sputnik history suggest it is worms, same as my 108 page booklet showed along with reddish stones that jam the

pancreas like logs jam a river. Otherwise, when it comes to the pancreas today, very few are successful, suggesting to me germ warfare / chemical warfare. I read ... [1,291 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1763248

[mh make your own diabetes cure!](#) by **DemonGodKidRahl** 15 y [View Entire Thread 7](#)

eleotinus.com has a diabetes cure, and a real cure besides the zappers and diet all needs to be done would be a great idea for you to take these herbs in this product and make it and sell it cheaper than they do they charge like 70-80\$ USD ish for a month while there are strong lasting benefits to this formula and never needs to be taken again after 4 months so you could recommend this formula that you might make after or before and during you get someone with diabetes to do sputnik russian zappers there are countless herbal books that are wayyyyyy thick and many thousands of herbs a lot of

... [2,995 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1798823

[sputnik](#) by **#82086** 13 y [View Entire Thread 3](#)

though I only lasted 15 days on my fast because of social issues, adding the sputnik to my fast was a good experience. I will use this device from now on when I fast. I felt quite at ease and restful after using it a couple of times and it didn't bother me at work that much except for the leg buzz at times but a good experience. I am sure the prostate got a workout which is what I wanted it to do. For what it is worth, I have noticed my libido is like a 19 year old kid so a nice side effect. 52 yr. old male, 5-9 168 lbs. [829 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=2027630

[starting a 14 day fast](#) by **#82086** 13 y [View Entire Thread 3](#)

just did a liver flush this weekend so into the orange juice fast. could I use the pre cleanse concentrate instead of the lbb? I will still use a little of the men's wellness concentrate as well. It is amazing how much life evolves around eating! It is always a challenge doing a fast in a busy life but I will do my thing then socialize later. I have the air freshener going every night and have a sputnik for around day 7, then into the sauna every 2nd night with the air freshener as well. [960 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=2131075

[Re: in preparation for OJ fast](#) by **MH 108** 16 y

Good Sunday morning MH! HAY Over the last week I've been re-reading Book I in preparation of my first OJ fast. GREAT I'm prepared mentally SUPER so am now preparing physically. Totally eliminated sugar anything (I think forever). WOW!!!!!!!!!!!!!! Besides, fruit tastes sooooo much better. WHICH HAS WELL OVER 100+ TYPES OF REAL SUGAR DESIGNED TO SUPPORT HUMAN LIFE. After about 3 days of nothing sugar, someone gave me a piece of chocolate at work knowing it was one of my

fav's but when I ate it, it didn't taste as good as usual. My taste buds are changing. I never though ... [1,119 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1670705

[sputnik capsule](#) by **verba** 21 y [View Entire Thread 4](#)

There were a few questions about the sputnik capsule a few days ago I would like to clear them up. Yes Russian doctors use sputnik in their clinics and hospitals. If your interested I can translate some of the case studies with amazing results but it might take a while because of the medical terms. The the way it works is: Being placed into the moist medium of human's body inner space, the capsule turns into a closed circuit and built-in microchip starts operational program of the pulse stimulator. The generator produces packs of electric pulses. They are similar to physiologicall ... [1,195 hits](#)

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www.curezone.org/forums/fm.asp?i=720938

[Re: Sputnik on fast](#) by **MH 108** 15 y

Just finished the sputnik for first time ever. LUCKY DOG.....BEEN WAY TOO LONG SINCE I HAD MY LAST SPUTNIK. Taken on day 19 of 22 day OJ fast (with many MH herbs/syrups/sprays) SUPER DUPER!!!!!!!!!!!!!! In / Out - 19 hours Back in / Out (and back in) - 15 hours Out - 15 hours 3rd time was most violent leg/hip shaking and happened twice, Mon night and Tues morning. Didn't feel much ever on the upper part of body above navel except first day activity just to right of navel. CAN BE INTENSE....MY THEORY WAS TO KEEP USING THEM UNTIL IN AND OUT IN 12 HOURS AND THEN EVERY 6 MON ... [1,487 hits](#)

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www.curezone.org/forums/fm.asp?i=1809902

[Sputnik Irish Vendor - suspicious](#) by **propolis** 21 y

I just called Parasiteremedies.com...they are in Dublin, which is down the road from me. I brought it to her attention that the website says they don't sell sputniks to anybody in Ireland. She said it was something to do with a License...they don't have one for Ireland. I asked her why a license was needed; is it the manufacturer or the Government? She said she wasn't sure, and then changed tack and said they sell to the rest of the world, but not Ireland. I asked her why, and then she said that there wasn't much demand in Ireland. I asked could I buy one and she said, "No, no ... [1,807 hits](#)

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www.curezone.org/forums/fm.asp?i=717908

[Re: OJ fast - how to?](#) by **qb** 20 y

Thanks for the tips it will definately be a place to start. Till the money gods smile on me again. Such a perfect life I lead that I can even be happy to be a somewhat [health](#) challenged person , because it had brought such interesting and uplifting spirits who are likeminded into my life. This forum has certainly been much appreciated by me. Who knows when those money gods see the error of their ways and

again smile on me. I will definately get all my goodies from MH but meanwhile the juggling act continues. Wish I could juggle the tax man out of the picture. He has such a hefty a ... [1,166 hits](#)

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[Branham by MH](#) by **MH 108** 15 y [View Entire Thread 2](#)

William Branham had a best friend, this best friend has outlived him by 40+ YEARS AND PAST AGE 97 NOW... I HAVE SUPPLIED HIS BEST FRIEND WITH FREE HERBS FOR LIFE FOR SOME YEARS NOW.....HE STARTED WHEN HE WAS DYING OF PROSTRATE CANCER AND GOT PAST THAT...BUT HAS A FULL MOUTH OF MERCURY THAT HE HAS ZERO INTEREST IN REMOVING..... SO NATURALLY, HE HAS USED A LOT OF HERBS, AMAZING HAT THE MERCURY HAS NOT DONE HIM IN..... 2 THINGS I HAD SOME SPECIAL SPUTNIKS FROM YEARS AGO THAT WERE SPECIALLY MADE AS PROSTRATE TREATMENT.....I NEVER USED THEM, NEVER SOLD THEM.....THEY HAVE JUST ... [1,594 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1829717

[Re: detox stuff with de worme,LBB, Kidney Cleanse](#) by **MH 108** 18 y

"syphilis, TB and other exotic stuff he says gets passed down genetically" THESE BUGS ARE PART OF LIFE ON EARTH, ALL HUMANS HAVE THEM ALL!!!!!! WE HAVE FEW PROBLEMS UNTIL OUR IMMUNE SYSTEM STARTS FAILING FROM OVER WORK WHICH LEADS TO ACCUMULATIONS OF WASTE THAT FEEDS THESE BUGS..... MEDICAL IS SO EVIL, THE WHITE MEDICAL PEOPLE BLAMED ALL SYPOLIS WORLD WIDE ON BLACK PEOPLE. IN DOING SO, MEDICAL HAD ZERO PROBLEM CAPTURING NATIVE BLACK PEOPLE ANDDOING RADIATION/CHEM EXPERIMENTS USING THEM AS NOTHING MORE THAN WILD ANIMALS THEY COULD KILL AT WILL AND WHAT I CALL BOOK II SUGG ... [2,153 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1221334

[Re: Additional Gut Healing Techniques?](#) by **MH 108** 18 y

Hey MH, HELLO Is there anything else I can do to heal the gut besides the 40-day fast which I completed a few weeks ago? SLIPPERLY ELM GRUEL FASTING IS SUPERIOR TO ALL OTHER FAST FOR INTESTINAL HEALTH. 3X THE RUSSIAN SPUTNIK ZAPPER IS AN OPTION FOR THE BRAVE. How often can one alternate between fasting & feeding, after the big 40-day fast? AS OFTEN AS THEY PLEASE...THEY ARE THEIR OWN BOSS. I did not get that overwhelming feeling of joy that many do while on the fast but its ok cause I realize that some takes longer than others. I am not in a hurry, just want to make sure ... [1,145 hits](#)

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www.curezone.org/forums/fm.asp?i=1260031

[Sputnik Finally Out!](#) by **#99447** 18 y [View Entire Thread 4](#)

MH, thanks for your help! It finally came out! Third pass is done. My estimation 3rd pass

took between 4 and 4.5 days. It had buzzed the right leg the day before, laid dormant most of the day yesterday then started buzzing again last night, moving over to the left leg. And FYI I've been taking 8 (sometimes more) LBB a day for over 40 days now (started when fasting). I guess I really need to heal up that GI tract. Do you recommend I see a gastroenterologist to get specifics on the state of my GI tract? Is there anything in specific to look out for? I'm going to try the corn thing and tes ... [1,126 hits](#)

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www.curezone.org/forums/fm.asp?i=1252651

[My Sputnik Weekend, Cont'd...](#) by **getwellsoon** 18 y [View Entire Thread 2](#)

Hey MH! Just wanted to give an update on my Sputnik experience. After ingesting it Friday evening it took a little above 24 hours to come out the first time. I cleaned it really really well like 3 times, then ingested it a second time Saturday night (around 10pm). I was expecting it to come out Sunday evening but it didn't. I think partially b/c I just finished my long fast, then started eating again to get it out a bit faster, but not sure. Anyway, 2nd pass didn't come out til 5pm on Monday (today)! My estimation is around 42 hours for the second pass! I'm thinking the food accounts ... [1,139 hits](#)

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www.curezone.org/forums/fm.asp?i=1249522

[Russian zappers, by MH](#) by **MH 108** 18 y [View Entire Thread 7](#)

I have always believed in these things, but it takes a special person to actually use them...I believed 8 years ago they are worth \$1,000.00 a piece or more when you consider what they acheive. They will scare the hell out a person with their first time use, I know they did me and I seen the same with many people and we all lived to take at least 3 or more and I suggest their use every 6 months or when ever it takes more then 12-14 hours to expell one. Our good friend from the other side of the world made the contacts direct with the company and understands the ruble, etc...\$\$\$ syste ... [1,223 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1248777

[Re: Rife microscope on the radio mans show today.](#) by **MH 108** 17 y

Hey MH. HAY I know you have some interest in the Rife microscope so i thought i would give you a heads up in case you wanted to hear what the guy on the radio mans show will be saying HE SENDS ME ALL THAT ALSO, I LEARNED ALL I WOULD EVER WANT TO KNOW ABOUT THE RIFE SYSTEM AND HAVE NO INTEREST. tonight. I guess they are talking about DNA repair, which sounds kind of dumb to me, but we will see. USING FREQUENCIES MAKES YOU A MAD HATTER....RIFE PROVED IT WITH HIS OWN BODY AS CLARK ALSO IS DOING CURRENTLY. I HAVE VERY LITTLE USE FOR THE RIFE/CLARK AND EVERY TOM/DICK/HARRY METHOD ... [962 hits](#)

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[lower bowel balance](#) by **jackierr** 21 y [View Entire Thread 10](#)

MH, I am extremely constipated and miserable. I am having severe problems digesting food and eliminating it, even though I eat only raw fruits and veggie (some veggies I steam). I am so tired that I cannot exercise to stimulate the bowels. I bought a sputnik and it took 5 DAYS to come out!!! Before I order your lower bowel balance formula I was wondering how many days one bottle would cover, should I order two? My poor body, its really suffering. I'm thinking mercury toxicity has a big role in this. I was bulimic for 4 years with fillings in my mouth, and I'm sure all the acid corroded ... [2,284 hits](#)

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www.curezone.org/forums/fm.asp?i=718113

[Re: lower bowel balance](#) by **MH 108** 21 y

I would take the Sputnik over and over until it dies. The LBB works, if it doesn't, it is because enough wasn't taken or the diet was too wrong. Dr. Christoher used 50 per day to reverse some problems, so did Shulze. Some women get so bad they have 1 bowel movement per month and a few have 1 per year. I thought this was crazy and I asked 2 women i work with and both averaged 1 per month. (Later one of these had a severe stroke). I send the news letter that explains this product, I actually need to make available Dr. Christopher him self on old vintage Video. I ahve seen this ... [2,197 hits](#)

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www.curezone.org/forums/fm.asp?i=718149

[parasites and raw foods](#) by **jackierr** 21 y

MH- along with bowel cleansing, I am trying to kick little critters out of my body. I have been eating a raw foods diet for the last few months, and that means lots of fruit. I am scared that the fruit I eat is feeding them. Would it be better to not eat fruit and just veggies during this time- are there any particular fruits I should be avoiding? I'm gonna stop eating bananas because I know they are ALL sugar. I did the clarkia tincture and the coQ10 protocol a while ago, but I have been extremely constipated for the last 8 months so that pretty much means all my cleansing efforts w ... [483 hits](#)

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www.curezone.org/forums/fm.asp?i=718258

[Re: Sputnik for Parasites](#) by **MH 108** 21 y

Greetings, The sputnik kills parasites in the digestive organs only and only for the time it is in you. It does wonders in my opinion because it shocks your organs every 3 seconds and forces them to respond and strengthen. It can knock you for a loop! it is not a toy by any means! I have seen it force a mans face into his dinner plate, cause a school bus driver to kick the wiring out from under the dash of her school bus full of kids. Shock the legs so bad that you raise the dinner table off the ground. Cause people to crawl because they are scared to walk, shcok the groin ao hard ... [921 hits](#)

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www.curezone.org/forums/fm.asp?i=717010

[Juice Fast and fiber?](#) by **jackierr** 21 y

Hi MH- I recently bought a sputnik and took it last wednesday. It has been 4 days since

I took it and it still has not come out. I have been on an all raw foods diet for two months on and off, but for the last two weeks entirely. I do not understand why I am so constipated? Last week I got out something last looked like a worm. I am finishing a liver cleanse today, and tomorrow I plan to begin a 28 day juice fast. I think I am mucous laden, and my intestines need some major help. What do you think about taking fiber during the fast, will this help my intestines? It is a psyllium fi ... 533 hits

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[MH-so wierd](#) by **jackierr** 21 y [View First 20 Messages of 35](#)

I have been cleansing my body since August of this year. I have done everything available: 6 liver flushes, countless colonics, taken hulda clarks dewormer, used a zapper, switched to an all raw food diet, used a rife machine, acupuncture, reiki, used a sauna, etc...pretty much everything. However, I have this incessant brain fog that is so bad I can no longer drive and feel dizzy all of the time. Well this week I decided that I have had enough and embarked on a juice fast, stemming from the issue that I was always hungry and never got full, no matter how much I ate. I have gained about

... 2,974 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=716378

[Re: Sputnik or Herbs](#) by **MH 108** 22 y

The Sputnik type intenal zappers are a treatment and not a long term method. I might add that most people will not swallow these capsules! Your first experience may be your last if you don't understand what is going on. Once you loose the fear, these things are quite easy to do and the benefits are incredible. Herbs are the only answer for parasites. I have read allot of books on fasting and longevity and they all failed by ignoring parasites. A clean body resist parasites, but few have such clean bodies and with todays toxins, NATURE sees us all as defective and on the chopping bloc ... 1,481 hits

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www.curezone.org/forums/fm.asp?i=713171

[Re: Sputnik versus Clark zappers?](#) by **-2tuff-** 21 y

The Sputnik will blast the intestines because it has to go through the area in order to get released via the colon. The external zappers just cannot penetrate this area unless they are of Plasma or better makeup. Its complete hogwash that zappers are bad for you and if the people who have cured their M.S and other problems with zappers had listened to this advise they would be crippled more so or worse. I would advise caution on Tom Beardon, he still has links to the agencies and if he didn't he would be punted off the internet asap. His agenda is to teach a few the information they ... 2,030 hits

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www.curezone.org/forums/fm.asp?i=720841

[Re: Mh- you mentioned a way to dissolve stones in the liv...](#) by **#17163** 21 y

Thank you so much for your advice, finally someone has clued me in on whats going on!

Doctors want me to take antidepressants after none of the skin creams or medications have helped. I had a feeling it was my liver. At first my symptoms were minimal but then I avoided all fats and oils for a few years to avoid reactions and it got worse as time went by, now I know that I was causing more stones by avoiding fats. I do feel stupid. SO I have been on the fruit diet for a few months. Let me clarify your instructions-first clean the colon, then take liver herbs, then fast for 14-21 days the

... 1,157 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=720336

[Re: essential oils](#) by **photon** 20 y

Megan, The freezing cold is what I feel as far as I remember. Cold hands, feet, hate winter, etc. I had to do warm up exercises. Now it is a real problem as I am much much weaker than a few years ago. Drinking hot water with sea salt from time to time during a day is a quite good for me. Besides I get a good portion of energy from warm (just warm) safflower oil with some essential oils. Raw egg yolks (usually 3 at once) two or three times a day with some lemon juice make me feel stronger. I think of doing broth in winter but it is difficult to get organic chicken here and I am not sur ... 3,949 hits

Forum: [Ask Barefoot](#) [Parasites Support](#)

www.curezone.org/forums/fm.asp?i=768511

[Re: Sputnik capsule](#) by **MH 108** 21 y

Greetings, I am glad to see you pick up where Greg left off, he spent allot of time with Russia developing their use of soybeans and their cool products like the internal zappers, this may be the true reason for the loss of his lively hood and freedom. Being a true internal medical device, odds are it will never be approved for sale in the USA by even medical doctors. Please e-mail me and let me know your terms, I know some doctors that may want to experiment, I only have a few that I keep for myself and haven't told these doctors about the device because of the loss of contact to ... 2,142 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=721074

[Re: Russian Zapper pill "SPUTNIK"](#) by **MH 108** 19 y

I have always seen the Russian Zapper made of stainless aka nick named the sputnik as the ONLY electronics that WORKS when used properly 3X in a row. The medical grade ECCOMED is 100% pure trash product an used in eropean hospitals; it leaches toxic metals into the intestinal tract. I don't sell them anymore because of one main reason: The factory must put an expiration date on the package of 1 year. This means they may be 6 months old or older by the time you import them from the factory warehouse. Then you have a few customers that send them back because of the date.. We know they st ... 6,945 hits

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www.curezone.org/forums/fm.asp?i=865805

[Re: essential oils](#) by **photon** 20 y

Megan, Yes, I feel the same about coldness and the parasites. It could be direct relation. Their moves and maybe secretions make me nervous too. The Ukrainians says "A little bit funny, a little bit scary!" Sometimes I just think it's a science fiction and I wake up and everything would be OK, but it's not a dream. It's a nightmare! I do not like it! I used to boiling vegetable broth last winter but I do not like (and I can't) cooking. I prefer doing vegetable juice instead. I just put on more clothes. I paid for the sputniks by Western Union. I wrote a letter to Russians and the ... [3,968 hits](#)

Forum: [Ask Barefoot](#) [Parasites Support](#)
www.curezone.org/forums/fm.asp?i=769088

[Re: MH any views on this Russian sputnik](#) by **MH 108** 20 y

I strongly suggest everyone stay far away from this creep. I talked to this guy about 5-6 years ago and he is the most crazy person I have ever spoke to on the phone. I ordered a couple of the zappers to experiment with and learned how they drop voltage with each use; then I ordered allot from him and all of them were opened and all of them had been used 3X prior to being shipped to me as new!!! I asked him why all the packages had broken seals and this creep ##### went bazerk to say the least. The experince I had with him is that he is the last person on this earth I would think of buy ... [2,228 hits](#)

Forum: [Ask Barefoot](#)
www.curezone.org/forums/fm.asp?i=208143

[Re: Day Eighteen!!!!](#) by **qb** 20 y

oh I like that one too. sigh quizzical spastic butterfly here. It is roughly 4 hours since I ingested my sputnik and my right leg is doing little dance all of its own. Without authorization I might add. peculiar feeling. WEll the M.O.G. is human after all. I would have thought you would have shrivelled to a prune 80 days without food. just shows that MH is correct. Are you interested in becoming a breatharian? Sinned with interesting foods. Strangely the same foods I would be sneaking. Luv almonds and coconut. NOt sure about the cream..... What a naughty one you are. Still ... [1,032 hits](#)

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[qb boobie](#) by **qb** 20 y [View Entire Thread 9](#)

So for all you ist time OJ fasters. Do not do like I did. Miss the whole three initial day thing. Eating the eight oranges eating the almonds and then gasp cringing yup embarassingly enough the whole purpose is to cleanse....hence the epsom salts. duh..... so alas my official date will have to be when my supplies of those aforementioned goodies make it from Brenda. I am going to attempt to get another sputnik squeezed in there too. Hope he likes orange juice. going to be a fruity ride this time And I am leashing the beast so he stays with me at least till I can loose some m ... [1,282 hits](#) [1 of 1](#)
(100%)

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www.curezone.org/forums/fm.asp?i=200780

[Re: Day Twenty Seven!!!!](#) by **qb** 20 y

Ahh Son of Mog - brave warrior to the end. Well Here I am tis pumpkin hour, the difficult hours seem to be midnight till 4 am. I tend my lil sweetheart. His sinus seem to get worse those hours. I think there is some internal bleeding as his stool is dark black. Well ten more days it is then. That sputnik for just one round which was quite comical did amazing work. It is a huge adjustment to have to try to catch it though. Quite a challenge by any standard.... Very effective and in your case with the shoulder injury I do believe it could be useful in stimulating nerve/tissue re ... 1,311 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=200231

[Re: qb day six](#) by **qb** 20 y

Sputnik is going wild this round. hee haw . Wild ride My husband can even feel the zap down my leg by sitting next to me. At least my legs not kicking him out of bed . although its the most hilarious sensation. I think you would benifit from this . On reading up its very good for nerve and tissue damage. I was thinking about that old injury of the M.O.G. I dreamt that you MH and I went on a business venture building therapy cabins and were millionares but remained nice folk. And you supplied the menu for the inbetween fasting experiences. We had cabins at your state and my stat ... 1,164 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=201680

[Re: Sputnik round five](#) by **qb** 20 y

Well I just didnt want to freak everybody out. I have parasites in my eyes. I found out about those when some herbal eye wash I bought for my dogs really seemed to aggravate them. I had gotten them the drops as I had seen wriggly things in their eyes. So I tried the drops on me intense pain like a little dagger shooting . When I tried the drops on others they were soothing. It puzzled me till I put two and two together. I had what the doggies had. The next day when applying the drops I experimented. So I got a dropper and managed to suck one right out . It was small and transp ... 1,646 hits

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Messages

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[hulda clark & salt, spider bite carnage & altzheimer's](#) by **#44765** 21 y

hulda clark's interested in salt? i wish i could read better so i could get into books. it's like pulling teeth — which some are very good at, but i'd need sputniks. another great project for barefoot volunteers would be reading the 1st school book onto tape for those who are left-brain challenged. what's the story behind the 'brown recluse spider bite'? the last two pics, 9 & 10 in the series, look like they're made-up, but they aren't, right? is it your hand? any views — probably in the forum somewhere — on altzheimer's? i read that ala/thoactic acid (which hulda clark a ... 1,259 hits

Forum: Ask Barefoot

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[the sputnik has landed!](#) by **trapper/kcmo** 20 y [View Entire Thread 10](#)

it was a glorious flight indeed. launched 76 hours ago, this new generation "photon" sputnik finally made its way through. though i was worried that i might never see it again, my anxiety was allayed by a knocking at the door a mere thirty minutes ago. this run has had me giggling most of the time. i really didnt feel much of anything, no jumping legs or anything like that. what i did feel was a real lift in my mood and new found internal warmth and overall energy. it was just the medicine i needed and i cant reccomend this therapy enough to anyone who has reached a plateua in ... 1,283 hits 1

of 1 (100%)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=194241

[Re: "...wild American Ginseng...."](#) by **MH 108** 20 y

Wild American Ginseng is still the highest priced herb on earth as far as I know, Even 100 years ago a premium root that resembled a man would fetch it's weight in gold. Christopher Hobbs (my old school teacher from SNH) wrote a book on ginseng and explained the leaves can be just as potent, from that time on I have used the herb and not just the root. I was keeping the roots before I was aware of this and still have these roots from years ago. When they are 12 years old in the alcohol, they will be PREMIUM and anyone into such herbs from China should drool over such a find. In the USA

... 4,513 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=191948

['burn aid' version...on the CD](#) by **windypinesands** 21 y

the one on my cd is the, 'written for the amish by the amish' version — no kids' photos in it. ~~~~~ "I take the B&W and make a cayenne salve and recently made a mixture to aid in muscle and gland rebuilding...." so i assume that's what you're using on your recent glass cut. ~~~~~ i just read your sputnik journal on the cd. whoa! what a trip. i have some unknown issue i think with my lower intestines — i get pain from apple skins, or even days of eating grape' skins, and from cuc skins — or when i have an especially large bowel movement. the area on my right side, ... 2,968 hits

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[1 / 01 / 2018 By MH](#) by **MH 108** 9 y [View Entire Thread 2](#)

The absolute best way to start the first minute of every new year is to swallow 4 Lower Bowel Balance Capsules at 12:01 in the morning. "IF" you are really "special", you would also have acquired a Russian Sputnik Zapper and when you wake up, swallow that with a large glass of water. "IF" You wanted to SUPER CHARGE that experience "literally", your glass of water would have a tablespoon of Epsom's salts in it dissolved. Salt with your zapper would make you think you swallowed the power line. Otherwise, for the sensible adult----just 4 LBB capsules is more than enough and then all t ... 519 hits

Forum: [Ask Barefoot Herbalist](#)

[Re: starting a 14 day fast](#) by **MH 108** 13 y

just did a liver flush this weekend so into the orange juice fast. OK could I use the pre cleanse concentrate instead of the lbb? NO, BUT THE 2 TOGETHER WOULD BE FINE WHEN FASTING, I WOULD ALWAYS TAKE 8-9 LBB EVERY DAY NO MATTER WHAT. I will still use a little of the mens wellness concentrate as well. It is amazing how much life evolves around eating! THE KITCHEN IS THE MOST EXPENSIVE ROOM OF THE HOUSE AND DESIGNED TO SUIT THE COMMERCIAL EDUCATION-----GOVERNMENT / CHURCHES / MEDICAL ALL NEED HUMANS TO EAT/EAT/EAT/EAT/EAT AND AS THEY DEPOPULATE THIS EARTH, THEY WANT YOU TO KEEP E ... 677 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=2131217

[day 6 of fast](#) by **#82086** 13 y [View Entire Thread 2](#)

wanted to give myself a christmas present so day 6 of the orange juice fast and doing well. Every day I take the lbb as I have for the last 8 years along with olive oil, longevity apice, oregano oil, pwe part b, iodine, air freshen at night, pre cleanse concentrate, ect. I do think about food now and then but mind over matter is stronger. This is my fifth fast and second fast this year so each time gets easier. Today I decided to take the sputnik and settle in for the weekend and continue through next week. Then I will break the fast just to be sociable for christmas. I have done a sauna every night ... 816 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=2132689

[Re: What is your opinion on dark green stool?](#) by **rerod** 10 y

I also have dark green stool after only ONE day on barefoot's #1 - L/G Cleanse Formula, P/W/A, Oregano Oil, LOWER BOWEL BALANCE CAPSULES and Kidney/Pancreas Tincture always on an empty stomach.. Glad to know I'm not the only one! I know its only one day, but after years of mid chest pressure when I sit (sometimes right, sometimes mid, sometimes left) , I want to get a fungus frequency specific zapper even though I have a few sputnik silver bullets en-route from Russia. I'm also considered taking 3 caps of olive leaf extract every four hours and one cap cayenne from this post. <http://> ... 1,939 hits

Forum: [Ask Barefoot Herbalist](#)

www.curezone.org/forums/fm.asp?i=2335939

[Sputnik on fast](#) by **seanjohn** 15 y [View Entire Thread 5](#)

Just finished the sputnik for first time ever. Taken on day 19 of 22 day OJ fast (with many MH herbs/syrups/sprays) In / Out - 19 hours Back in / Out (and back in) - 15 hours Out - 15 hours 3rd time was most violent leg/hip shaking and happened twice, Mon night and Tues morning. Didn't feel much ever on the upper part of body above navel except first day activity just to right of navel. Kept it in my mouth for 30 mins also, pressing it between my gums and cheek but some areas were too sensitive to keep it there long, the sensitivity on the base of some teeth was still there the n ... 1,358 hits

Forum: [Ask Barefoot](#)

[Re: Ingesting Essential Oils](#) by **MH 108** 14 y

no company will ever suggest you take any essential oil internally.... dr. clark did. dr. cass ingram did. those are the only 2 i have read from other than the best [parasite](#) book ever written that i have in the school folder that suggest 1 drop was the cure for every known parasite for every mammal on the planet and naturally being medically written, shortly after the book almost 100 years ago, the governments world wide started getting rid of that essential oil and it took me many years to find it and has taken me 6 months to get it through customs in the past, but since it comes 1 ... [2,112 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1907813

[Re: Morning Urine pH Paradox](#) by **MH 108** 14 y

Can liver flushes help to restore normal pH balance? ALL CLEANSING SHOULD HELP AND A NORMAL LIVER FLUSH DONE CORRECTLY WILL DUMP 10# OF MUD OUT OF A HUMAN BODY, MOSTLY FROM THE NECK AND CHEST, SO "YES", THAT KIND OF STUFF HELPS. So by decongesting the liver I could get my morning urine levels lower and more acidic (where they need to be during detox) THE WAY I LEARNED: I DID A DATA LABS HAIR SAMPLE TEST EVERY 30 DAYS WHILE "CLEANSING" OVER A 2 YEAR PERIOD, SUCH A LIVER FLUSHES, ORANGE JUICE FASTING AND USE OF THE SPUTNIK ZAPPER AND pH TESTED MY SALIVA DAILY AT MY PLACE OF WORK WHERE ... [5,336 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1920101

[turner clinic.](#) by **DemonGodKidRahl** 15 y [View Entire Thread 5](#)

mh i know you said stay away from the turner clinic and i thought i was but i bought 2 sputniks from a turner clinic and did not know it until after my order it was billed as the turner clinic and all my fears were laid to rest when they came in the mail, they were new and unopened as far as i could tell. and they worked just like you said i had to take the second one since the first one i was taking i guess i passed it and forgot to get it. and waited a few days to make sure i did not miss it to take another one just in case since i wanted to make sure the other was out and hopefully u ... [1,225 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1800807

[re: getting fit](#) by **#121679** 16 y [View Entire Thread 2](#)

Great MH, I am listening and it helps tremendously, thank you. Book I here I come, along with study guide this time. Although I have been following your teachings for about a year now (they resonate with me), I understand these are problems I have had way before and I guess it will take me several years to be truly cured. (I thought the fruit diet would be enough, but clearly not, I need to go all guns blazing!). The yellow came out more after going onto the fruit diet, but I understand that the disease was already there, and the fruit helped bring it to the surface, so to ... [846 hits](#)

Forum: [Ask Barefoot](#)

[Tree of Life](#) by **coatزالcoatlx** 17 y [View Entire Thread 2](#)

Hi All Ive been spending a few days at the Tree of Life, in Patagonia. Home to Dr Gabriel Cousins, author of numerous books on fasting and Raw Food. Ive long been wanting to check out their raw food scene, and thought it would be a great place to do a last. Am am astounded that they pay so little attention to Deworming, and the use of bowel herbs such as the LBB to clean out the colon. Simply dont have it in their fasting program. Produced lots of interest when I mentiond the Dewormer and LBB. I even sold a Russian Sputnik to one of the guys looking after the Herb Dispensary. S ... [1,235 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1523053

[MH, where can i buy russian zappers sputnik?](#) by **DemonGodKidRahl** 15 y [View Entire Thread 3](#)

how are things? <http://www.parasiteremedies.com/>
http://www.pekana.co.uk/index.php?main_page=product_info&cPath=5&products_id=176&zenid=0ea4c40dd39365a8ad972481a1a51a52 i found these 2 site but ate not sure if they are the real deal? or do you know of a place to get the right ones? THank you veery much!^_^:D [1,369 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1794539

[Re: sputnik](#) by **DemonGodKidRahl** 15 y

since about an hour or 2 after i took it, seems to be shocking the exit maybe it went threw my system much faster than most but if that is true why has it not came out yet maybe it stuck to the mucoid plaque in the colon or something or maybe it just stays there for awhile then comes out, i took a some organic olive oil and ate some sun flower seeds and a apple and to get it out of me if it is stuck because at the exit i feel just like it did when i first put it on my tongue or almost that way since 4 - 5 hours agao almost 1 - 2 hours after i took it and it is starting to be too much for m ... [1,359 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1798284

[Re: if it came out sputnik](#) by **MH 108** 15 y

the ONLY way you are going to see those stones is to be "fasting", which means the zapper will be at full strength banging your body and easily seen when it comes out.....then wash, reswollow same day and if all worked well you might see / capture the orange pancreatic duct stones...as far as i am aware of, my wife and i are the only 2 people to have captured / pictured them via the use of the zapper and we were "fasting" at the time and examining the results.....something no one else ever did. MH [1,061 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1798764

[Re: Sputnik](#) by **MH 108** 14 y

I WOULD LIKE TO ZAP ONCE EVERY 6 MONTHS, WHEN YOU FIND GOOD SOURCE LET ME KNOW. THEY COST ABOUT \$1.00 TO MAKE IF EVEN THAT MUCH. THE COMPANY THINKS THAT THEY NEED TO GET WHAT THE RIP OFF CLINIC IN IRLAND GETS AND EITHER WAY, JUST A PAIN TO OBTAIN FROM SUCH SOURCES THAT WILL BOTH RIP YOU OFF IF YOU ARE NOT LUCKY. I HAVE NEVER SEEN SO MUCH PROBLEMS UNTIL YOU TRY TO BUY DIRECT FROM A "RUSSIAN" SOURCE...EVERYONE I HAVE NEVER HEARD OF SAY "THEY" WILL CON YOU, ROB YOU ANYWAY THEY CAN.....ALMOST LIKE AMERICAN AUTHORS... mh 743 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1948739

[First day on sputnik](#) by **afrobeat** 10 y

I just took one for the first time. It's in my mouth now. Too scared to swallow it! I've been juice/water/broth fasting for 5 days. I know I need to do swallow it but the FEAR is real. I need to get prepared and have someone be home to help me through it I think. I bought this zapper over 3 years ago when I first started taking herbs and flushing my liver. I just now worked up the courage/was ready to try it. Website says you can hold it in the mouth 10 to 30 minute for several days. I will try to work my self up to swallowing. Thank you BH for all that you have given ... 1,399 hits

Forum: [Ask Barefoot Herbalist](#)

www.curezone.org/forums/fm.asp?i=2335399

[The Sputnik by MH](#) by **MH 108** 13 y

I can't say I "missed" the sputniks, even though they can achieve great things with the internal organs, sooner or later they are going to zap you hard enough to make you regret swallowing 1. Within 5 minutes I had to insulate the metal button that holds the pants together.....how I remember those days year ago where I would actually get a burn mark from the electricity jumping out of my skin to the metal and the days of being in the factory and electric would jump from my arms when they touched metal, etc., etc.....and even though the pains didn't seem worth it at the time, when it ... 487 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=2022157

[Re: Sputnik Zapper](#) by **MH 108** 13 y

I was of the early ones to self-experiment and document the uses of the sputnick zapper in america, otherwise the thing is almost as old as I am and will most likely never be openly available in the usa. There is 1 source that is also the worst source in Irland and because of that man, the company in Russia actually jacked their prices up to match the Irland's price, so there is no good source now...otherwise the device probably cost about \$1.00 to make, they use to whole sale them from the factory for about \$24 and now everyone wants \$60.00+ and you never know if the product was always ... 761 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=2055609

[Silver Bullet / Sputnik on ebay](#) by **mikuspalmis** 11 y [View Entire Thread 3](#)

<http://r.ebay.com/6ZuJf7> Me: "Hi. I notice the page says you have more than 10 of these. Can you get more if they all sell out? Thanks." Seller: "Yes. I can, if necessary, sell any number of these items. (I order it directly from the manufacturer of these devices in the nearby city of Tomsk). After buying on Ebay - I send the order to the company (which produces these things), and they are sent to my home address quantity ordered. After I get them, (within 5-6 days), I will send them to the buyers. P.S: The experienc ... 1,335 hits

Forum: [Ask Barefoot Herbalist](#)

www.curezone.org/forums/fm.asp?i=2256963

[Re: Silver Bullet / Sputnik on ebay](#) by **MH 108** 11 y

YEARS AGO "I" use to have a contact that worked inside the factory and she would send direct to my house..... It cost the company about \$1 to make these devices or less. The company use to sale them for \$25 each, until they discovered the guy in Ireland was getting over \$50 each and he would sell them often after he had used them in his clinic one time----a low life fellow as there gets.....but a reason for the company to raise their rates. For \$71 each, that is what they go for today---so this source sounds legit.....but beware all EBAY, there are FAKE EBAY PAGES operated by con men ... 1,274 hits

Forum: [Ask Barefoot Herbalist](#)

www.curezone.org/forums/fm.asp?i=2257048

[Re: the sputnik has landed!](#) by **MH 108** 20 y

bacteria live on those implants and if they are located below your heart, odds are the electric shock will go right to them, so it would scare me. The russians state these do no harm, but the shock can hurt at times when metals are present. an example is your metal pants button, the zapper will shock this until you insulate it from your body. This has just now made be awaken to the fact that this metal button is bad for your [health](#), it short circuits your frequencys known as our health, remove all metal from the human body!! do not sit on metals, etc. Don't work with metal for a living!!!! ... 1,111 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=194342

[Re: Sputnik round five](#) by **qb** 20 y

Ahh you and i share the same money tree. Or should I say moneyless tree. Mine is necessaty (I cant spell). I must get these parasites in check. So hence my preferred route. Its been a tough time M.O.G. Killing the big buggers is good but releasing the eggs makes me very ill. I think I agree with Hulda Clark that they give off three different organisms. A flue like virus is one. fevers and chills and nightsweats and nausea. But hey I am still kicking and moving into the M.O.G. magnetism. LOL nicey nice light that attracts. MH has given me this opportunity to recover and I ... 1,628 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=202599

[Re: Sputnik round five](#) by **M.O.G.** 20 y

I took such a blow to the head in my past that I completely lost all my cloaking technology. Such is the story of my life,lol. I do stretching on them swiss balls, swiss ball push ups, swiss ball crunches, swiss ball leg raises, swiss ball seated posture training, swiss ball supine hip extensions, swiss ball back extensions, swiss ball hamstring stretches, swiss ball upper body russian twists, etc. The list goes on.... It is a super chi building workout using just body weight alone. I love it. While your battling those dang parasites, make sure you treat your hubby and your dog ... 1,674 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=202689

[Re: Sputnik round five](#) by **qb** 20 y

Thats alot of swiss stretches there. Well mr Schmarty panz yup dogs still using the chemical wormers. I cant afford MH stuff on them yet. Seems selfish but I figures I would do me ist. Seeing as I need to be around to feed them. tee hee Husband is next But cant hurt to do all household. The thing that got me is my immune system crashed. I guess all those years of eating badly. But hey its not all bad. I have new buddies and Hero. dat be you. Life is good to QB I have pics I want to show you of my hike last week. 1,599 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=202724

[Re: Sputnik round five](#) by **M.O.G.** 20 y

Glad to see your still around. I was wondering about ya, hope all is well. So it seems the inner space journey is once again progressing well. I still need to save up and get one of those babies. Why is there always more month than money,lol. I am already stretching those darn paychecks as far as I can. Guess I need to find a new money tree. I used to have one, but I got into trouble with it. Jail ain't no fun, trust me. Seems the gubbermint ain't real keen on you making money without including them in on the deal. That was years ago though, seems like a different li ... 1,685 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=202571

[Re: Sputnik russian revenge question!!!](#) by **MH 108** 20 y

There are lots of files and info about the zapper on the CD, you need to read the experiences I had and my wife, before you attempt to use one. I suggest you use in in your mouth a few hours or more before you decide to swallow this, this makes you aware of what it does. Once your ready, "IF" you swallow it right after a liver flush, the intestines are clean and it is easy to see when it does come out. "IF" you take it with the intestines full of food and eat as normal the full time, odds are you won't find it and it will have done little good, but this is the normal way. I am the on ... 2,727 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=199016

[Re: MH any views on this Russian sputnik](#) by **swarmy** 20 y

i have spoken to this guy on many occasions and he has been very nice .. i can't see

how he is an internet predator so called creep when for 20 years he has run a successful homeopathic clinic in ireland.... but i trust you're telling the truth regarding the zappers... i just find it hard to know why he would sell used zappers, how would he have gotten hold of used zapper's is another reason you don't like him is because he uses homeopathy ... 2,121 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=208156

[Re: MH any views on this Russian sputnik](#) by **MH 108** 20 y

Because of this guy, we went several years with no zappers, then Greg Canton of alphaomega.com decided he wanted to sell them after I sent him one of my last zappers to try; it took him over a year to obtain them, he was ripped off twice by Russian contacts and eventually had to fly direct to the company before he was able to get them. Direct he was able to get them for \$23 each, but had a fortune in getting them and went to prison long before he ever broke even on the adventure. He recently got out of prison from what I heard and his wife that owns soybean.com is still a super ##### t ... 1,930 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=208162

[Re: MH any views on this Russian sputnik](#) by **Nomad** 20 y

Dude..your being ridiculous. Think about what has to happen for you to be correct. people have to get their package and use it 3x , then fish it out of the toilet and send it back to him, who in turn reackages it! That's absurd..most people can't even bring themselves to fish it out 1X..I bought 3 just because I can't face fishing it out. Just because the packaging is crap does not mean its been used...thats a huge stretch of an over active imagination. 1,849 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=208430

[Re: MH any views on this Russian sputnik](#) by **MH 108** 20 y

Your skipping that they come from a CLINIC!!!!!!!!!!!!!! Its not like some one who buys and resales. THEY USE THEM THERE!!!!!!!!!!!!!! My buddy retired from NASA as a top research engineer who put the first rover on MARS and made the cameras for satelights that can peek in your windows was the guy that first turned me onto them and HE ALSO received some of the ones I purchased in bulk and he was the first to catch that the suckers had been used 3X based on the amount of electricity left, I then tested each one and all of them were used, everyone had the seal broken and had been put back in t

... 1,797 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=208440

[Re: MH any views on this Russian sputnik](#) by **Nomad** 20 y

Your still beuing ridiculous anbd your totally misinterpreting a bad batch as "Used"..for you to have got a "used" batch then they must be receiving a tonne of people searching

through their shit in the toilet and then sending it back!! I don't disagree that the batch you had made be bad or have no power but to say they were all used and had all passed through other people's colons is retarded. If you want to buy on just goto <http://www.parasiteremedies.com> I just got 2. There is not way on earth I'm going thru my crap looking for them so i got 2. 1,853 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=208451

[Re: MH any views on this Russian sputnik](#) by **MH 108** 20 y

Hopefully you received 2 with seals on them, if not your taking a chance that they came from a sick person and that is more retarded than anything I can think of. You have the right idea of not searching, leave that up to those experienced in liver flushes, other wise I do not suggest anyone re-uses them, thats why I made them cheaper by the 3 and someway you missed that you take 3 and not 2 to do it correct. I can only state that this same web site sold zappers that had broken seals and they all had the same curent that a zapper that had made 3 passes would have had and this web site c ... 1,810 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=208463

[Re: MH any views on this Russian sputnik](#) by **MH 108** 20 y

I have never found more than the one web site. This is also strange, for 10+ countries allowed to sale these type of devices and to be around more than 50 years, you would think they would be easier to acquire. Even in a country like South Korea the doctors had never seen such a device and came up blank for a source to get more. They use way less than \$1 worth of material to make, the factory wants \$20+ and then you deal with middlemen to pass them around the world. The most used is the ECCOMED with dozens of varieties for medical use and it has a made in U.S.A. label, yet medical perso ... 1,729 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=208470

[Re: MH any views on this Russian sputnik](#) by **MH 108** 20 y

The DeWormer is not "so potent", it is an herbal formula that supplies natural plant potassium as well as many plant based nutrients that enables the liver to make the chemicals that kill the worms. "IF" you want a potent DeWormer you use metals aka drugs. I promote education over herb use, what I use for BOOK I education uses oranges to cure all known diseases and ZERO HERBS. Herbs are not wanted by the medically controled governments in this world, people have 2 options, grow their own herbs, or learn how to be disease free via their diet. We make herbs for ourselves, what we sell ... 1,965 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=208471

[Re: MH any views on this Russian sputnik](#) by **MH 108** 20 y

You must be missing something, go back, see why the Russian Zappers were made and

what response the body has to having one pass through the digestive tract, do this and then you may understand why the zapper cures nothing, herbs cure nothing and it is YOUR own Blood that does the curing. What I use for BOOK I uses no herbs, no zappers, zero gimmicks and every human on earth can do it and according to the medical records of the past, the method works for all. Those that read, understand, accept and apply KNOW you can not buy [health](#). MH 1,887 hits 2 of 2 (100%)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=208517

[Re: Sputnik](#) by **MH 108** 20 y

I would consider importing them "IF" I had enough orders or possibly set another person up with them as a source. I stopped importing them because I do not like dealing with customs and the company that makes them are forced to put a 1 year expiration date on the label, even though they may be good for well over 3 years, but the customer only sees the expiration date..... I know one member of the web site that may have interest in selling these, but I am not sure he would have the \$\$\$\$ to make such an order with hopes he could then sell them before the expiration date expired ... 1,405 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=799791

[Re: what is a sputnik? nt](#) by **MH 108** 21 y

A internal type of a pill that uses frequencies every 3 seconds to stimulate the organs. It was designed for space travel from what i was told, it is used in Russia and countries as a replacement for drugs, there are at least 20 different models. The side effects? Cures some diabetes, swollen prostate, kills all the worms, and many other side effects, if you search long enough on the web, you can find the Russian scientific studies that list all these side effects. MH 1,492 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=720793

Messages

221 Messages Page: 5 of 6

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[Re: Sputnik craziness](#) by **MH 108** 21 y

The nerves in the intestines will send the current to the right hip joint, right groin and eventually down the sciatic and then you know it is ready to come out. The use of Epsom salts will super charge the thing, salt and electricity gets the fire going! The Russian scientific studies are online free of charge and no one should swallow a internal zapper with out reading about this device. I would bet 99% have zero idea why the device was even created or ever read of the many, many side effects (all good).

Blessings, MH 1,120 hits

Forum: [Ask Barefoot](#)
www.curezone.org/forums/fm.asp?i=720748

[Re: Sputnik Irish Vendor - suspicious](#) by **MH 108** 21 y

I thought maybe it was a deal they had with the Turner clinic in Ireland to not compete? The company in Russia does not care where they are sold, my friend in the Bahamas purchased 50 at a time for less than \$20 each. I don't have a Russian Connection or I might do the same! The Medical internal zapper is made right here in the USA, but not sold here! I just know, I would never buy anything from the Turner Clinic in Ireland. Others may get along fine with them, but I suggest you check the package and determine if someone else already swallowed the zapper first! Blessings, MH 1,759 hits

Forum: [Ask Barefoot](#)
www.curezone.org/forums/fm.asp?i=717938

[Re: question about Sputnik to Barefoot](#) by **MH 108** 18 y

i have never seen a reliable source, the irland website has sold them for many years and some say they have no problems. i tried a few from him with no problems, then when i ordered allot they were all used 1 time! that is so gross to think about, that you can never trust such a person ever again. so i will go with out until a direct source appears someday. naturally all the drug companies will keep these devices off the store shelves as long as possible, so far they have done it for 50 years. mh 1,086 hits

Forum: [Ask Barefoot](#)
www.curezone.org/forums/fm.asp?i=1318579

[Re: My Sputnik Weekend, Cont'd...](#) by **MH 108** 18 y

Hey MH! GREETINGS, Just wanted to give an update on my Sputnik experience. After ingesting it Friday evening it took a little above 24 hours to come out the first time. NOT BAD FOR FIRST ROUND, THE AVERAGE IS About 72 hours.. I cleaned it really really well like 3 times, then ingested it a second time Saturday night (around 10pm). I was expecting it to come out Sunday evening but it didn't. I think partially b/c I just finished my long fast, then started eating again to get it out a bit faster, but not sure. Anyway, 2nd pass didn't come out til 5pm on Monday (today)! My estima ... 901 hits

Forum: [Ask Barefoot](#)
www.curezone.org/forums/fm.asp?i=1249572

[Re: Sputnik Finally Out!](#) by **MH 108** 18 y

MH, thanks for your help! It finally came out! WOW..... Third pass is done. GREAT, YOUR NOW A MEMBER OF A RARE CLUB OF INTERNAL ZAPPER SELF-EXPERIMENTORS. My estimation 3rd pass took between 4 and 4.5 days. A LONG TIME FOR SURE. It had buzzed the right leg the day before, laid dormant most of the day yesterday then started buzzing again last night, moving over to the left leg. LEG LEG NORMALLY MEANS IT IS ABOUT 2 INCHES FROM COMING OUT. And FYI I've been taking 8 (sometimes more) LBB a day for over 40 days now (started when fasting). THAT IS GREAT, 9 MONTHS I

... 1,084 hits

Forum: [Ask Barefoot](#)

[Re: Sputnik Finally Out!](#) by **xZapx** 18 y

I've had to deal with similar issues and I've been taking the LBB faithfully for some time now. I've been A LOT better, but every once in a while a food, or eating too fast, or something out of the norm still gives me a problem. Given that you're doing raw foods, that helps the herbs work a lot better. You may still be cleaning out old matter if you're seeing things that are hard. I suggest, as Dr. Christopher does, giving it at least 9 months. Some severe cases took longer to heal (and mine could very well need a year before I'll be done). I used to suffer from migraines frequentl ... 1,214 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1253038

[Re: Sputnik Finally Out!](#) by **#99447** 18 y

Thanks guys, yes I'll be taking the LBB for a long time to come. I'm really HOPING that the GI tract is in fact the problem and that in 9 months or so when the intestinal strength has returned, that my general [health](#) will have returned. For now I have to keep an eye on portions. I'm experimenting with the mono meal, where I take just liquids in the day, and eat only 1 larger meal in the evening. So far its been ok but still times where I feel I ate too much. It has to only get better from here though. I've been hitting it hard past month and a half, did a 40 day oj fast, using pre- ... 1,097 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1253111

[Took Sputnik, a little scared!](#) by **getwellsoon** 18 y [View Entire Thread 3](#)

mh, i took the russian zapper last night, went for a long walk nothing happened until i got home in bed, the spasms started. was woken up by them a few times, now this morning having lots spasms on right thigh (upper). Am a little freaked out, especially when the spasms are larger and make my leg jerk. I know its supposed to be safe but its not a feeling i enjoy, especially the involuntary factor... you never know when it will happen. You wait a while with nothing, then all of a sudden out of the blue... bam!

Questions: is there significance to right upper thigh movement spasms? Why ... 1,280 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1248209

[Re: Took Sputnik, a little scared!](#) by **MH 108** 18 y

mh, HAEY i took the russian zapper last night, went for a long walk nothing happened until i got home in bed, the spasms started. MY EXPERIENCE WAS ONCE I LAID DOWN, THE ZAPPING STOPPED. was woken up by them a few times, now this morning having lots spasms on right thigh (upper). YES, VERY COMMON Am a little freaked out, FOR SOME PEOPLE HAVE VERY TRAMATIC EXPERENCES SUCH AS MY SELF.....IT CAN MAKE YOU WISH YOU NEVER TOOK THE THING AND SOMETIMES MAKE YOU SO FUNNY AS YOU JUMP/KICK AND GROAN..... especially when the spasms are larger and make my leg jerk. VERY CO ... 1,171 hits

Forum: [Ask Barefoot](#)

[Re: looking for sputnik](#) by **MH 108** 18 y

Yes, this is the source that has been around for many years; the one I received all "used" zappers one time and the guy threatened to sue me, etc. and just about as nasty as a person can get when I called him. The seals were all broken and the batteries worn down. He didn't realize we were testing these by measuring voltage drop with each use and tried to pull a fast one. I lost some \$\$\$ and have never ordered from him again. Being over seas, was lucky to receive a diume back from him, but luckily when you use credit card you have some safeties. MH 978 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1220810

[Re: looking for sputnik](#) by **MH 108** 18 y

I know anyone visiting Russia has found them in the stores there. They are suppose to be sol in over 10 countries and the worthless medical grade zappers used in europe called Eccomed are made in the USA, but not sold in the usa. The eccomed zappers dissolve as they travel through the intestines and the batteries corrode as they are exposed, etc...and why I say the over 40 differant medical grade models are toxic/worthless and never buy one. Their laws make them put a 1 year expiration date and the factory is not going to send out their latest production, but rotate their stock so they ... 994 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1220658

[Re: oregano oil and worms](#) by **MH 108** 16 y

Hi MH, HAY What if I drank an entire bottle of your 16 oz dewormer at one time -- do you think this would kill a tapeworm, I HAVE NEVER ENCOURAGED KILLING FASTER THAN THE HUMAN MIND/BLOOD HAS CONTROL OF.....A LITTLE EVERY DAY, IS BETTER THAN A FLOOD 1 DAY. if that's what it is. Would it kill ascaris? YOUR ASKING QUESTIONS NO ONE CAN ANSWER FOR YOU, YOUR BLOOD, YOUR LIVER, ETC...DETERMINES THE ABILITY YOUR TOTAL BODY HAS TO BE PARASITE FREE. From what I read, it won't kill me but would it make me sick? NO CLUE WHERE YOU READ THAT, I HAVE NEVER SEEN OR HEARD OF ANYONE GETTING ... 10,934 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1570832

[Re: ok, i'm stuck! please help](#) by **yeknom** 17 y [View Entire Thread 2](#)

MH, as usual, thanks for your response. the info was great, I'm finally learning. ok, to answer your questions: - no dental metals - i am doing one of the alternative food combining methods. - i am wiling to use herbs so.... 1. please can you provide a link to the "christopher newsletter on the lower bowel balance capsules" 2. and a link to where i can get a russian sputnik from a trusted source. 3. how do i "derock my kidneys and your entire body"? 4. and how do i avoiding "adding new rock" to my body? thank you, ===== ... 1,190 hits

Forum: [Ask Barefoot](#)
www.curezone.org/forums/fm.asp?i=1525411

Re: colonic inertia by **MH 108** 20 y

Now your digging into history..... I the barefoot herbalist turned Greg Canton onto these devices, he was so impressed he spent thousands in pursuing them and was ripped off by the Russian Mofia twice for over \$5,000.00 each time, he eventually went to Russia and purchahsed direct these devices and all of the medical grade zappers are TRASH and only the Tomsk sputnik types made of ss are good. About a year later Greg was visited by the boys in black, they took it all and burned it all, his entire web site stock vanished, a thief snatched the web site and continued taking \$\$\$ for ... 967 hits

Forum: [Ask Barefoot](#)
www.curezone.org/forums/fm.asp?i=481971

Re: MH night sweats question by **qb** 20 y

Hi Jenifair424, Are you referring to menapausal symptoms.? Or is it related to the parasites related to the cleanse. I think mine is the [parasite](#) thing. I recently lost my ist sputnik and think that the parasite eggs are being released by the decaying adults killed in the last round. I a severe parasite infection. But its disheartening because this would mean that the last seven days that i have been experiencing this I have had a whole new round of eggs hatch and feel like I am never breaking this cycle. Hence my glums. sigh. Here is the excerpt from the Clark files. I am ... 3,094 hits

Forum: [Ask Barefoot](#) [Night Sweats](#) [Menopause](#)
www.curezone.org/forums/fm.asp?i=201609

Re: qb Day 8 by **qb** 20 y

nimble fingers I say lassooo a lil bitty one in and fast attach me itty bitty note. I will be patient and wait till the seek to continue down the road. They are the most incredible tiny works of art. Travelling so far they are pretty thirsty when they get here some just even sit a bit drinking drinking. What do you put in mix. ? yea them are the trucks. My husband had the prototype and of course the fastest one. He holds the record for the most efficient driver for three months now. they just started tracking them. The whole process is computerized and satelite tracked. Charle ... 3,235 hits

Forum: [Ask Barefoot](#)
www.curezone.org/forums/fm.asp?i=201678

Re: QB OJ day thirteen by **qb** 20 y

Hey buddy so good to hear you got nine days. Like I said I dont think you should fret with slips. Seems like you are doing alot to get better. Tell me about your sick days what is going on. I had some doozies here day ten. Felt like my innerds were shredded. But it passed. Not sure what that was about. What physical symptoms do you have and what have you tried in the past. I am asking coz you have alot of experience with this problem. I feel if we gather more info together we can formulate a plan. For me now seems like the bladder has flared up worse since the digestive tra ... 2,108 hits

Forum: [Ask Barefoot](#)

[Re: Day Forty Eight!!!!](#) by **qb** 20 y

Well how we gonna study the phenomenon of a forty day fast and then a sixty day fast without da evidence. Put the evidence in the car junior!!!! you get my drift. Well no matter I am sure the day 60 will be brilliant. What say you to your ph level. I have yet to start monitoring mine. I think I might have persauded my hubby to join in for a while. HIs body gave out last week. Ist a kidney stone and had to spring him from the house of intensive torture till death. (Hospital) then two days later comes home a question mark. Back went out. So off to one of satans assistan ... 1,735 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=202600

[Re: My Story](#) by **Zoebess** 20 y

Are we alternative?? you asked... yes, we do have choices.... your sharing of your story brought to mind an old favorite Robert Frost poem... The Road Not Taken TWO roads diverged in a yellow wood, And sorry I could not travel both And be one traveler, long I stood And looked down one as far as I could To where it bent in the undergrowth; Then took the other, as just as fair, And having perhaps the better claim, Because it was grassy and wanted wear; Though as for that the passing there Had worn them really about the same, And both that morning equally lay In le ... 1,850 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=194817

[Re: For MH or others.. Radishes?](#) by **MH 108** 21 y

Kind of sounds like eating one whole Indiana water melon rhine and all in one day to flush the kidneys out of mucus and stones, a one day cure all! I know raw cabbage will drop the numbers fast for prostrate problems and certain herbs work over the years to avoid all these problems. There is a zapper on a stick that is made just for this problem and may be the miracle of the century, it sure beats inserting a tube to allow the urine to flow out! The zapper on a stick goes up the anus and touches the wall close to the prostrate and shocks it with frequencies designed by scientist in Russia ... 1,466 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=188387

[Re: essential oils](#) by **megan** 20 y

Hi Photon, I can sure relate to that coldness. I know it's [parasite](#) related, not just in how they effect immunity and glands (like thyroid which controls heat), but they can create a deep sense of coldness in just their moving around. People without heavy infestations can't imagine this, but it's a very real phenomenon. They scurry around the intestines, sometimes blocking flow for a while, or just generally causing havoc, and it makes you so freezing cold. The moving around and coldness increases the more I do to aggravate them. It's a core coldness that's different from anything I've ... 3,936 hits

Forum: [Ask Barefoot](#) [Parasites Support](#)

www.curezone.org/forums/fm.asp?i=768642

[Re: water distiller](#) by **MH 108** 19 y

I checked this out, because I seen their kaboom cannon. I looked all over the web site, because the products are those of the Ohio Guy that has ripped off thousands in the distiller business. I only found his true name when I looked up the return policy and YES, he is the AAA water distiller guy, a 100% ##### who has no warrenty, you buy his asian made distillers and if they break 3 days later, your screwed. BUT, they are the cheapest made and he has probably made millions selling them. He pays \$25 for the love distillers. He made the name LOVE, it is just a no name company out of asia.

... 2,321 hits 1 of 1 (100%)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=858598

[Re: Flukes and Pancrease](#) by **MH 108** 13 y

MH, HAY Did you say the flukes often get into the pancrease and clogg it up? WHEN YOU READ THE MNH WAY FOLDER OR ANY OF THE EARLY VERSIONS OF THE 108 PAGE SEMINAR ON PAPER, YOU WILL SEE STONES AND WORMS THAT I BELIEVE CLOGG THE COMMON PANCREAS. I have had malabsorption issues in the past with crohns/IBD issues...I take the de-wormer, and LBB each day...and they help! THEN EACH YEAR MUST BECOME BETTER, OR YOU WILL NEED TO UP YOUR PROGRAM I have seen 'clumps' of liver flukes as well as 500 + of them.... COMING OUT IS BETTER THAN STAYING IN AND YES, I BELIEVE THEY HAVE THEIR FORT ... 1,055 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=2131215

[Re: why do they come back?](#) by **MH 108** 12 y

Hi MH, HELLO Tried the daily plant fat method and it works. OK, IN THEORY 1-3 OUNCES DAILY DEPENDING ON PREVENTION OR TREATMENT... I've also tried it with have little or no plant fats daily, with a very clean diet and taking herbs etc etc and the stones return. SURE Why is that? HUMAN BODY "USES" LECITHIN (CHOLESTEROL) TO INSULATE THE ARTERIES / VEINS, NERVES AND EVEN THE BRAIN MATTER....AND THE LUNGS.... IN THEORY, "IF" YOU WERE A PERFECT HUMAN, AKA PERFECT ALKALINE STOMACH AND PERFECT DIET OF TREE FRUITS ONLY-----THEN YOU WOULD MOST LIKELY NOT BE MAKING GALLSTONES OUT OF THI ... 717 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=2159330

[Re: oregano oil and worms](#) by **MH 108** 16 y

The one thing I do know; "fear / worry" is a mighty foe in our life/health. I know those that swallowed the internal zapper known as Sputnik and they do leave the body anywhere from 12 hours to no more than 2 weeks, based on how good or how horrible your colon muscles are. While in the intestines, you can feel some very tramatic shocks inside the right hip socket, down the legs and especially within the groin and even be shocked from touching your belt buckel or through your shoes to the ground..... Some people, swear they never passed their zapper, simply because they didn't see ... 11,533

hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1570183

[Re: OJ fast or juice fast](#) by **MH 108** 14 y

I find it hard to do the OJ fast and keep a normal work schedule especially with my stressful job. OK I DID MY FIRST O/J FAST FOR A TOTAL OF 40 DAYS, DROPPED 50# AND DID IT WHILE WORKING 6 DAYS A WEEK IN A LEAD PLATING FACTORY DOING THE PLATTER JOB THAT MAKES YOU BASICALLY RUN BACK AND FORTH TO THE HUGE MACHINE LOADING AND UNLOADING 72 BEARINGS EVERY 1.5 MINUTES....KNOWN AS THE WORSE JOB IN THE AREA AND I HIRED IN ON AND STAYED ON FOR ONLY 29 YEARS. I ALSO CONSUMED THE AWSOME SPUTNIK ZAPPERS WHILE DOING THIS JOB AND I MUST ADMIT, I NEEDED EXTRA BATHROOM BREAKS WHEN THE ELECTRIC SHOCKS ... 1,962 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1973649

[mh herbs and longevity do you know thoses herbs?](#) by **DemonGodKidRahl** 15 y [View Entire Thread 3](#)

I wonder if you knew this secret about which herbs are all longevity besides the dewormer, the main herbs for longevity, have always been the herbs that boost libido or aka made your manhood rock hard and boosted libido in wemon, i hope to get my hands on the zappers very soon and fix that part of my problem with my manhood and fix any pre-diabetic problems that are contributing to my problems then getting off the meds which will give another boost then take the herbal diabetes cure and also give myself proper nutrition! then after all is taken care of then I will have uber hard manho ... 1,190 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1797890

[Re: turner clinic.](#) by **MH 108** 15 y

mh i know you said stay away from the turner clinic and i thought i was but i bought 2 sputniks from a turner clinic THEY SEEM TO SALE THE MOST ANDGET THIS, BECAUSE THE TURNER CLINIC IS ABLE TO RIP PEOPLE OFF, THE ACTUAL COMPANY THAT MAKES THEM, BELIEVE THEY CAN DO THE SAME, SO IF YOU BUY DIRECT FROM RUSSIA, THEY SAY THEY DESIRVE THE SAME RPICE TURNER CLINIC IS GETTING.....THEY COST 50 CENTTS TO MAKE, YOU USE TO BUY THEM DIRECT FOR \$20, NOW THEY ASK \$45-\$70 DEPENDING ON WHERE YOUR FROM... and did not know it untill after my order it was billed as the turner clinic and all ... 1,249 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1800915

[Re: Do you have alternative to Cialis or v1agra](#) by **MH 108** 9 y

Dr. John R. Christopher had the best advice for old men----"eat an orange instead". He based that on NATURE and not society. In nature the human female should only have a baby every 3 years apart and become pregnant only in Sept. Now take your amish for

example---they eat the worse diet on the planet---the dirtiest of meats and ample cakes and candies and often they have a child every year until she is replaced with a new fresh 14 year old from the church men and some will run through 3 wives and have 30+ children.....those that have a stronger wife and wiser types----after 8-12 kids the ... 553 hits

Forum: [Ask Barefoot Herbalist](#)

www.curezone.org/forums/fm.asp?i=2366840

[Re: Liver pain](#) by **#263144** 69 h

Naturally takes time. Too thin I am sure could get by with 4 LBB daily. The L/G Cleanse or something similar is a lifetime method to keep the liver clean. Liver Skin Itch a total of 32 ounces is something only a few people have ever done. For \$100 you can buy a Photon Tablet, use to be called The Sputnik, only today they have light therapy which is milder than the original sputnik. YOU would use in your mouth for a few weeks as suggested by the company - Swallow or buy the one on a stick/tube and insert..... either way orange juice fast 3 days while doing and when i ... 14 hits

Forum: [Ask Barefoot Herbalist](#)

www.curezone.org/forums/fm.asp?i=2469129

[Re: ok, i'm stuck! please help](#) by **MH 108** 17 y

MH, HAY as usual, thanks for your response. the info was great, I'm finally learning. ok, to answer your questions: - no dental metals YOUR SO LUCKY - i am doing one of the alternative food combining methods. OK, THAT PRETTY MUCH MEANS YOUR EATING..... - i am willing to use herbs OK, THIS MEANS NO HERBS UP TO THIS POINT... so.... 1. please can you provide a link to the "christopher newsletter on the lower bowel balance capsules" IF YOU FIND THE LBB OR LOWER BOWEL BALANCE WORDS HIGHLIGHTED IN THE WEBSITE, JUST CLICK ON IT TO FIND SUCH INFO, OTHERWISE IT IS IN THE OL ... 1,358 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1525725

[Re: ok, i'm stuck! please help](#) by **yeknom** 17 y [View Entire Thread 2](#)

Dear MH, I am about to de-rock my kidneys and whole body. You suggested that I use kidney type herbs to do this. Just wanted to know, what is the difference between doing that and cleaning out my organs as explained on page 289 of BOOK I: (BH method of orange juice fast based on several authors) - 1 complete Dr. Clark liver flush - 1 month de-wormer - and then the 21 day fast (ideally 40 days ideally) Thank you. MH, HAY as usual, thanks for your response. the info was great, I'm finally learning. ok, to answer your questions: - no dental metals YOUR SO LU ... 990 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1532180

[Re: day 6 of fast](#) by **MH 108** 13 y

wanted to give myself a christmas present so day 6 of the orange juice fast and doing well. SUPER!!!!!!!!!!!!!!!!!!!!!! Every day I take the lbb IF THE M.D. HAD THE LBB WAY BACK

WHEN, THE ORANGE JUICE FAST WOULD HAVE BEEN SO "SIMPLE"-----WHO WOULD EVER WANT TO DO COOL ENEMA OR AN ENEMA PERIOD---ESPECIALLY EVERY DAY WITH STRANGERS..... as I have for the last 8 years along with olive oil, longivity apice, oregano oil, pwe part b, iodine, air freshen at night, ARE YOU A BELIEVER IN THE AIR FRSHEN METHOD? WE HERE ARE HOOKED FOR LIFE..... pre cleanse concentrate, ect. SO YOU DO IT ... 757 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=2132825

[The Fruit Guy by MH](#) by **MH 108** 17 y

The Fruit Guy started taking pictures about 12 days ago and took enough to PROVE what he is doing, unlike others that have give this a try..... I say screwed up, because "IF" we had pictures from DAY 1, before he ever fasted, ever took the herbs period and had taken similar herbs, we would have enough material to write a REAL HEALTH BOOK!!!!!!!!!!!!!! So possible he may have a picture of any kind maybe 1-6 months ago...I will have to check. I also need a Panaramic X ray of the teeth and then another panaramic when he has them all corrected.... if a human can get their teet ... 386 hits 1

of 1 (100%)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1527799

[difference between regular and adult dewormer](#) by **senior moments** 16 y [View Entire Thread 6](#)

Hi MH, I've used the regular dewormer but saw your post that you now have an adult dewormer. Are there different ingredients or, more of the same ingredients? Price difference? Need to reorder so I can shut down "The Organ Donor Hotel" and flush out the freeloader(s). This morning I was putting oregano oil in the capsule and knocked over the bottle from the TV stand. It fell to the floor and most of the bottle splattered on my left leg and the floor. When I wiped it off my leg it spread all over my lower leg and I got some on my arm. By the time I cleaned the floor (wood), the bur ... 1,542 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1571157

[Re: Nerve damage from dental anesthesia?](#) by **MH 108** 15 y

Hi MH, HAY If you remember, I'm the guy who was trying to save a cracked or infected tooth couple of months ago (removed crown, oregano oil, Tooth&Gum Powder). To make the story short, I failed to get improvements... But I eventually went to another "decent" dentist who opened this filling and found that there was a small cavity left on one side. OK, SO YOUR SAYING THE FIRST DENTIST WAS NOT SO GOOD... He drilled that and put that a temporary crown back. So far - no pain! If it remains fine - he will put a permanent crown. He said one could not see this cavity without head magnifie

... 2,734 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1889183

[Re: Dr. Hulda Clark Died](#) by **MH 108** 17 y

Some one suggest from a car wreck, etc...I have bad posture and Dr. Clark had the standard bad posture of the average elderly woman. Working and being on her feet would be the "NORM" ways of harming your bones/spine, but when you litterally pour acids on your foods and consume vitamic c acid most of your adult life, you can't help but dissolve your bones away. I have always said Vitamen C has murdered more humans than all the wars combinded, it is one of the chemical warfare depopulation programs used by poisoning people's food supply and Clark was a huge promoter. The creep that made it p ... 5,608 hits 1 of 1 (100%)

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1485777

[Re: Have you used MH's dewormer?](#) by **#22194** 21 y

Hi Megan, All I can say is 'bless your heart'. It looks like you are doing very good things so just keep trying. One of the reasons I had asked you about the meat/dairy is sometimes I hear people with whatever problem, they make it better for a bit, but go back to the SAD diet and then they are right back where they started from. Some vegetarians have a very poor diet, even though they have given up meat & maybe even dairy, but still eat the breads, pastries, pies, cakes, etc. Just won't work. The junk food keeps the system too acid and too much of a strain on trying to keep the bl ... 2,414 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=188476

[your theory as to why...](#) by **#44765** 20 y

...the email didn't mention 'sychrometer-tested' makes sense. if i'd realized before i sent the email that the site was devoted to hc stuff, i'd have specifically asked. -----
----- "I've been six times to India, once I remained there more than one year."
interesting — or, to me. i've been about five times but all before..., well, last time was in '93 — first in '85. so, tho' i never had [health](#) problems connected with the trips — prob b/c i stayed only a few days outside of the ultra-'sanitized' colony i visited — when i first heard about de-worming about four years ago from ... 1,673 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=193167

[Re: qb Day Four OJ fasting](#) by **qb** 20 y

HI Megan, The ist time I saw one in my stool I thought I would die. But then I did intensive herbs. Took cayenne and lemon juice in water then took a herbal mix that cleans out the bowels and then the black walnut and wormwood. The shock to my system was intense . after a week of that I about collapsed. Too harsh and the result was everything seemed to move to my spleen area. It really scared me. The pain was intense. I dont have all the answers. There can be damage from too rapid die off. I used to panic everytime the doc gave me a new drug to try thinking they were going to

... 1,567 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=204417

Messages

221 Messages Page: 6 of 6

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[qb Day 8](#) by **qb** 20 y [View Entire Thread 18](#)

Yesterday whizzed by but did great. Went on a tour of my husbands Job. Works loading those big haul trucks. It was incredible. Takes some talent to manauver those big suckers around let me tell you. I have a healthy respect for it even more so now. take a peek. And does anyone else share this experience. MY STUFF FROM MH CAME. I feel like its christmas when the package arrives. Jumping up and down. yippee yippee. So Saint MH included in the package some gifts. I now have Spice 4 life by honoring the also saintly Brenda. Some of the nicest folks!!!! So todays fast looks ... 3,474 hits 1 of 1 (100%)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=201507

[Re: MH, where can i buy russian zappers sputnik?](#) by **MH 108** 15 y

this is a dead website, the owner was a thief and in prison last I heard, his partner still operates a fake website that robs you of your credit card and never sends a product. The other websites are most likely ok, just crooks selling a \$1 device for \$75. I had nothing to do with the russian manufactuer when they seen I was american and raised the wholesale price from \$20 to \$45 and for some reason, if you dea with a russian source, odds are your going to get stolen from, why? I don't know. MH 1,081 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1794721

[Re: MH/ how many order do you need for the sputnik? \(n/t\)](#) by **MH 108** 20 y

I am not sure they can still be obtained? I asked one man and he said he had talked to the company and they wanted a HUGE amount to ship into the USA, otherwise they are smuggled with "middle people" making \$\$\$\$. I would sale them, but only if I can buy them from someone with in the USA. I usually purchased 40-50 each time to make it worth while for the people involved. I would like to have these available for those on the private web site, but will have to work with others in an effort to obtain them and don't see this happening in the near future. MH 1,394 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=800479

[Re: Is this a good place to buy sputnik?](#) by **MH 108** 17 y

looks good, let me know if you have success. everyone i know of that tried to buy direct from russia was ripped off 100% of their \$\$\$\$, seems doing such a thing is russia is suppose to be expected? yet, this website seems to be from the company, so if that is true and not a rip off, there is a chance. yet, would the company risk shipping to countrys that will consider such devices medical? mh 1,121 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1513259

[Russian Zappers](#) by **MH 108** 8 y [View Entire Thread 11](#)

It has probably been 5 years since I had a fresh Russian Zapper for my January Fasting experience. The good electronic capsules are only made in Russia as far as I know--- NEVER EVER swallow the American made ECCOMED capsules, they are toxic and dissolve in your intestines and the batteries/electronics come out in your bowel movement. The Russian Made Sputnik is made of stainless steel and can run up to 500 hours---so it is reusable. Ideal is 3 passes and then 1 pass every 6 months in my opinion. They use to sale them on amazon.com for a short period of time. I think you can find ... [1,028 hits](#)

Forum: [Ask Barefoot Herbalist](#)

www.curezone.org/forums/fm.asp?i=2419482

[Re: difference between regular and adult dewormer](#) by **MH 108** 16 y

Hi MH, HAY I've used the regular dewormer but saw your post that you now have an adult dewormer. YES, LAST FALL WE MADE A MORE POTENT ADULT MALE FORMULA...I SAY MALE TO AVOID ALL THE FEMALE PREGNANCY DISCLAIMERS... Are there different ingredients or,more of the same ingredients? Price difference? Need to reorder so I can shut down "The Organ Donor Hotel" and flush out the freeloader(s). I AM NOT SURE IF ANYONE HAS EVER PURCHASED THE 16 OUNCE SYRUP/TINCTURE ADULT FORMULA AND MAYBE 2 DOZEN HAVE TRIED THE ADULT PARASITE KIT. THE KIT IS EXPLAINED IN THE FALL NEWSLETTER AND I AM BEGIN ... [1,752 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1571182

[Re: ok, i'm stuck! please help](#) by **MH 108** 17 y

right, I have read the 289 page BOOK I, and the 108 page seminar book. OK, GREAT ok, i'm stuck! OK I thought I understood them, but clearly I don't. OK if anyone needs more details, just let me know. OK I follow the diet exactly as described in Book I, OK, YOU ARE EATING THE MONO RAW FRUIT DIET, IF NOT, THEN YOUR DOING ONE OF THE ALTERNITIVE FOOD COMBINDING METHODS, BECAUSE YOU DON'T WANT TO FOLLOW THE NATURE DIET. but I am still constipated (go once every 2 or 3 days), and have: - bad dandruff - athlete's foot and - my hair (on my head) has started shedding ... [959 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1523160

[Re: how to rid of toxocara,and pancreatic fluke?](#) by **MH 108** 17 y

Thanks for such a quick, thorough response. You are the only forum owner at cure zone in my experience who quickly, consitantly and thouroughly responds to us. PROBLEM IS; MANY DON'T LIKE THE RSPONSES THEY GET BACK...ESPECIALLY WHEN ITS ABOUT PURE WATER AND SIMPLE NATURE DIET. THE OTHER FORUMS? WHO KNOWS....THE VIEWER NEVER REALLY KNOWS THE REASONS BEHIND WEBSITES/FORUMS/BLOGS ETC....WHAT THE MOTIVES ARE, WHO THE PEOPLE ARE....ARE THEY JUST SELLING SOMETHING, BORRED IN LIFE OR OUT TO ROB YOU IN 1 OF MANY WAYS.... THIS FORUM IS FOR OPEN COMMENTS....I GET FAR MORE E-MAILS THAT THERE ... [9,062 hits](#)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1442197

[mr 108-4 by MH](#) by **MH 108** 16 y

I almost missed this one, didn't see it posted for some reason: Re: 108 Questions for MH from Mr 108 Post #4 of 12. Questions 28-36 To review all earlier posts in this series of 108 questions just click on "All messages by prayervoice across all forums & blogs" which is to be found below this email. When you arrive at my earlier emails just scroll down to the bottom of them and click on the answers provided by MH. 28. Jock itch. What causes it and is there anything that can be applied externally to assist in its removal while one is detoxing? "Itch is caused by various germs or ... 487 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1563221

[108 questions posed to mh in 2010.. #28-36](#) by **prayervoice** 11 y

I almost missed this one, didn't see it posted for some reason: Re: 108 Questions for MH from Mr 108 Post #4 of 12. Questions 28-36 To review all earlier posts in this series of 108 questions just click on "All messages by prayervoice across all forums & blogs" which is to be found below this email. When you arrive at my earlier emails just scroll down to the bottom of them and click on the answers provided by MH. 28. Jock itch. What causes it and is there anything that can be applied externally to assist in its removal while one is detoxing?... "Itch is caused by various germ ... 405 hits

Forum: [Ask Barefoot Herbalist](#)

www.curezone.org/forums/fm.asp?i=2241404

[reprogramming parasites anyone?](#) by **superfriend** 13 y [View Entire Thread 2](#)

Found this article in my local university website, thought it was interesting... Maybe tell him about herbs? <http://www.news.iastate.edu/news/2013/11/22/schisto> AMES, Iowa – The worms can live inside your body for years, decades even. And it's not the worms themselves that will eventually make you sick. Rather, it's the thousands of eggs they lay. Schistosomes, small parasitic flatworms that have infected hundreds of millions of people in developing nations, cause chronic illness that damages organs and impairs development in children. The effects of the disease can last deca ... 1,165 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=2129280

[2013 by MH](#) by **MH 108** 14 y [View Entire Thread 7](#)

The great thing about 2013 is the New Year Orange Juice "fasting" and for the first time in a few years, I have the sputnik internal zapper to make use of. This year I want to experiment more with the rebuilding of the bones...my theory of why humans die so young and look so old is that they literally have lost their bones to worms. OLD bones can be made of lead, aluminum, etc. inorganic minerals/metals and I hope to recreate the Dr. Hans Neiper experiments of the 60's where he learned how to enable people with dissolved hips rebuild new hips within 30 days, ONLY I choose to not use ... 1,632 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=2019335

[Re: Different results with coconut oil flush.....](#) by **MH 108** 14 y

I did my 18th Liver Flush yesterday with grapefruit and coconut oil (for the first time instead of olive oil) COOL, I WOULD THINK ANY TYPE OF PLANT FAT OIL WULD DO THE JOB, WHILE OLIVE OIL IS PROBABLY THE CHEAPEST AND EASIEST FOR ALL TO OBTAIN AND THUS THE REASON IT IS SUGGESTED THE MOST. I saw no stones but small orange looking "cotton balls" YUP, THOSE COTTON BALLS.....SURE TELL SIGNS THAT THE COMMON LIVER FLUKES ARE COMING OUT OF THE LIVER AND OR PANCREAS WHEN SEEN DURING A "FLUSH". with black slimy looking legs YUP, THOSE STRINGS OF EGGS AS THE MOMMAS SPEW OUT OF 4 DIFFERAN ... 2,774 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1900429

[Re: LBB tips](#) by **MH 108** 15 y

Hi MH, HELLO Been progressing very nicely with my "natural healing". One of my main issues WAS that of constipation. I would tend to go only once or twice a week! YIKES, BUT MEDICAL CONSIDERS THAT COMPLETELY "NORMAL". It's been over a year now that I have been taking your LBB. I try to stick with 8X daily, SUPER, @ 8 PER DAY FOR 1 YEAR, THE HERBS HAVE GIVEN THE COLON MUSCLES A "CHANCE" TO STRENGTHEN AND WORK ON THEIR OWN PROPERLY. but as I'm also on a high fruit diet, it can make me too loose so I cut back. PERSONALLY, I DO NOT BELIEVE THERE IS SUCH A THING AS "TOO" LOOS ... 1,344 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1811109

[Acids, by MH](#) by **MH 108** 19 y [View Entire Thread 2](#)

I should never take a look below at the adds, I always get fired up about something; this time I had to take a look at Dr. Hulda Clark's sons business and if I remember correctly, mom has her book company in the back of Geoff's vitamin shop, so it's really mom's store. Dr. Clark knows better, she is the first customer of BOOK I and study Guide. She openly admitted all her methods leads to loss of red blod cell count and increased lower pH. The distributor in the USA has always purchased my Kidney Cleanse Bottle, but always sold the clark method that she admitted NO CUSTOMER reorders,

... 1,229 hits 1 of 1 (100%)

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1014399

[Re: 108 Questions for MH from Mr 108 Questions 82-90](#) by **MH 108** 16 y

108 Questions for MH from Mr 108 Post #10 of 12. Questions 82-90 To review all earlier posts in this series of 108 questions just click on "All messages by prayervoice across all forums & blogs" which is to be found below this email. When you arrive at my earlier emails just scroll down to the bottom of them and click on the answers provided by MH. 82. I very much could have used your wisdom the other day while helping someone I know who had a constipation issue. The possible solution that I could have suggested just did not come to mind until later. You once told us that a small ... 1,227 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=1577315

[108 questions posed to mh in 2010..#82-90](#) by **prayervoice** 11 y

108 Questions for MH from Mr 108 Post #10 of 12. Questions 82-90 To review all earlier posts in this series of 108 questions just click on "All messages by prayervoice across all forums & blogs" which is to be found below this email. When you arrive at my earlier emails just scroll down to the bottom of them and click on the answers provided by MH. 82. I very much could have used your wisdom the other day while helping someone I know who had a constipation issue. The possible solution that I could have suggested just did not come to mind until later. You once told us that a small ... 706 hits

Forum: Ask Barefoot Herbalist

www.curezone.org/forums/fm.asp?i=2241410

[6](#) by **MH 108** 12 y

I have my "first" thoughts of food, which is showing that the first true day of fasting is "soon", suggested to start by 7 days of no food---so I can now start to experiment with anything to see how the body "reacts" ... My first experiment was with: MUMIJO (MUMIO, MOUNTAIN BALSAM) SUMMARY OF RUSSIAN STUDIES This is a medicinal preparation. Its influence on human body is tested against 35 parameters, and its medical characteristics are officially confirmed by tests in scientific and medical institutions. It consists of more than 50 elements of mineral, vegetable and animal orig

... 421 hits

Forum: Ask Barefoot

www.curezone.org/forums/fm.asp?i=2138917

[108 questions posed to mh in 2010..#64-72](#) by **prayervoice** 11 y

108 Questions for MH from Mr 108 Post #8 of 12. Questions 64-72 To review all earlier posts in this series of 108 questions just click on "All messages by prayervoice across all forums & blogs" which is to be found below this email. When you arrive at my earlier emails just scroll down to the bottom of them and click on the answers provided by MH. 64. You once said "IF" it can be that no one would experience hunger while fasting, then that would have to be one of the greatest of methods and maybe worthy of a little book. You were reading some old books at the time. What ever happe ... 435 hits

Forum: Ask Barefoot Herbalist

www.curezone.org/forums/fm.asp?i=2241408

[mr 108 answers by MH](#) by **MH 108** 16 y

108 Questions for MH from Mr 108 Post #8 of 12. Questions 64-72 To review all earlier posts in this series of 108 questions just click on "All messages by prayervoice across all forums & blogs" which is to be found below this email. When you arrive at my earlier emails just scroll down to the bottom of them and click on the answers provided by MH. 64. You once said "IF" it can be that no one would experience hunger while fasting, then that would have to be one of the greatest of methods and maybe worthy of a little book. You were reading some old books at the time. What ever happe ... 386 hits

Forum: [Ask Barefoot](#)

www.curezone.org/forums/fm.asp?i=1567560

[Orange Juice Fasting](#) by **MH 108** 7 y [View Entire Thread 3](#)

Medical Orange Juice Fasting used no herb other than orange juice. It used a cool enema daily--HERBS makes enema's a thing of the past and 10x superior! Medical fasting used 3 mornings of what we today would call Epsoms Salts. This is still required if you are a first time at fasting. The alkaline salts eliminates your ulcers and that is the "key" to successful fasting. If you have ulcers, you will be "hungry". Ulcers train you to eat. Empty stomach with ulcers will make you hurt. Cover those ulcers up with food and they stop hurting---it is that simple. Most all human [health](#) sub ... 1,106 hits

Forum: [Ask Barefoot Herbalist](#)

www.curezone.org/forums/fm.asp?i=2429655